



2019  
Grand Prix



The 5K Run will be dedicated to Officer Goodell & SSgt. D'Augustine Gny Sgt. Hopkins



Pre-Race Pick Up Bib, Shirt & Goody Bags at Waldwick Ambulance Corps Sat., May 4th 3:30 – 5:30 p.m.

**Date:** May 5, 2019  
**Location:** Waldwick High School Track & Field  
**Registration:** 7:30 a.m. – 8:45 a.m.  
Waldwick High School Track  
Wyckoff Avenue & Hopper Avenue

Tee Shirts for Paid Entries Only

Special First Place Awards Top Male & Female Waldwick Resident

**Race Time:** 5K Race: 9:00 a.m.  
1 Mile Fun Walk: 9:15 a.m.  
**Course:** "NEW" 5K certified course and sanctioned by the USATF

Rain or Shine No Refunds will be Given

Awards 5 Year Age Brackets Male – Female Ages 9 & Under – 75-80+

**Course Description:** Fast, rolling hills, scenic park, track finish  
*No running buggies, pets, roller blades, bikes, or skateboards during the 5K Run. Strollers will be permitted during the 1 Mile Fun Walk. No strollers allowed on the high school track. No pets on high school field.*

Goody Bags to the First 400 Registered Runners/Walkers

**Make checks payable to:** WCOC  
**Mail Form and Entry Fee to:** Waldwick Chamber of Commerce, P.O. Box 323, Waldwick, NJ 07463  
201-286-1627 • info@waldwick5k.com

Additional Information & Directions on [www.waldwick5k.com](http://www.waldwick5k.com)

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