



WALDWICK Chamber of Commerce

6TH ANNUAL Massage Envy SPA®

Presenting Sponsor



Proceeds to benefit
local heart charities
and the community
of Waldwick

Pre-race pick up bib,
shirt & goody bags
at Waldwick
Ambulance Corps
Sat., April 27, 4-6 p.m.

B tag Chip Timing
Instant Smartphone
race results
www.BestRace.com/mobile

Tee Shirts for
Paid Entries Only

Random prize
drawings to all
registered
participants

Rain or shine
No refunds
will be given

Goody bags
to the first
450 registered
runners/walkers

5K RUN AND 1 MILE WALK

Date: April 28, 2013
Location: Waldwick High School Track & Field
Registration: 7:30 a.m. – 8:45 a.m. at the
Waldwick High School Track
Wyckoff Avenue & Hopper Avenue
Race Time: 5K Race: 9:00 a.m.
1 Mile Fun Walk: 9:30 a.m.
Course: 5K certified course and sanctioned by the USATF
Course Description: Fast, rolling hills, scenic park, track finish
5K Entry Fees: \$25.00 registration received by April 18th
\$30.00 registration after April 19th or on day of
race Commemorative t-shirts to all pre-registered
and post-registered (while supplies last)
1 Mile Fun Walk: \$25.00 received by April 18th
\$30.00 after April 18th and on day of race
Children 10 years old and younger free for
1 mile walk only.
Group discount available for 5+ entries
received by April 18th \$22.00 after the 18th \$27.00

*No pets, roller blades, bikes, or skateboards during the 5K Run
Strollers will be permitted during the 1 Mile Fun Walk*

OFFICIAL ENTRY FORM

ON LINE APPLICATION AVAILABLE AT raceforum.com/waldwick

ONE ENTRY PER APPLICATION

WHICH EVENT(S) WILL YOU
BE PARTICIPATING IN: ☐ 5K RACE ☐ 1 MILE FUN WALK

PLEASE CHECK T-SHIRT SIZE: ☐ S ☐ M ☐ L ☐ XL

Last Name First Name

Address (street)

Town State Zip

Phone E-Mail

Sex M / F Age (on race day) Birthdate

ID#

2013 USATF-NJ members are eligible for a \$3 per entry discount.

GROUP/TEAM
NAME

Waiver: Please Read Carefully and Sign: In consideration of the acceptance of the application for entry in the Waldwick Chamber of Commerce 5K Run and 1 Mile Fun Walk, I the undersigned, intending to legally bind myself, my heirs, executors and administrators, hereby waive, release and hold harmless the Waldwick Chamber of Commerce, the Borough of Waldwick, race sponsors, and any person or entity associated with the race from any claims for damages of any nature arising out of my participation in this event. Further, I recognize that I must be in good health and of sufficient training and experience in order to participate in the event. I also give permission for the use without fee, of my name and picture in any broadcast, telecast or print media account of this event for promotional or publicity purposes. I further acknowledge that I have read and accept these conditions under which my entry is made.

Participant's
Signature _____ Date _____

Signature of Parent or Guardian
if child is under the age of 18 _____

Make checks payable to: WCOC

Mail Form and Entry Fee to: Waldwick Chamber of Commerce
P.O. Box 323
Waldwick, NJ 07463

**Contact & Registration
Drop-Off:**

Kim Manzano
Kallman Travel Services
20 Harrison Avenue, Waldwick, NJ
201-693-6734

Additional Information & Directions on waldwickchamber.com