

9TH ANNUAL



# 2014 Legal Runaround 5K

Partnering with the Town of Somerville!!

5K Road Race - 3K Poker Walk - Kids' Dashes  
 Thursday Night - May 22, 2014  
 7:00 pm 5K Start

**Starts at: The Somerset County Courthouse, Somerville, NJ**

Presented by the Somerset County Bar Foundation



## Schedule Of Events

5:00 pm Registration Opens  
 6:15 pm Kids' Dashes (2-12)  
 6:25 pm 3K Poker Walk  
 7:00 pm 5K Road Race  
 7:45 pm Awards Ceremony

Register Online at

**PracticeHard.com**  
 No Processing Fee

## Awards

5K: 1,2,3 Overall M/F; 1,2,3 in 5 year age groups M/F  
 (14 & under/15-84/85+)  
 Fastest High School M/F; School Spirit & Healthiest Town  
 First Responder/Law Enforcement  
 3K Winning poker hand: Grand Prize!  
 Kids' Dashes: Ribbons

## Entry Fees

Pre-entry (by 5/20 online or 5/19 by mail):  
 5K or 3K - \$20; 5K USATF-NJ - \$17;  
 5K Students under 18 - \$15; Kids' Dashes - \$5  
 Event Day (shirts while supplies last): 5K/3K - \$25; Dashes - \$5

**Custom Tee-Shirt**

**Dinner Buffet By Verve Restaurant**

**DJ Music**

**Random Prizes**

**USATF 5K Certified Course**

**No processing fee for online entries**

**Join us for 2 practice runs before race day! Meet at 7 p.m. at the Clock Tower (N. Bridge St. and Main St.) Thursday, May 1 and May 15.**

Info: 908-245-3000 or tears@practicehard.com; Sponsorship: Ann Winder 908-685-2323  
 Address for Directions: 20 Grove St., Somerville, NJ (Veterans' Memorial Plaza)

FIRST NAME					
LAST NAME					
BIRTH DATE	AGE	SEX			
EVENT	<input type="checkbox"/> 5K Run <input type="checkbox"/> 3K Walk <input type="checkbox"/> Kid Dash				
	Shirt Sizes:		YM	YL	
	S	M	L	XL	2X

STREET			
CITY			
STATE		ZIP	
PHONE			
E-MAIL			
2014 USATF-NJ#			

Please Check Box if Applicable:

- High School Student     First Responder/Law Enforcement  
 HS Affiliate (parent, staff/faculty, friend, sibling, etc.)

School/Group \_\_\_\_\_

2014 Legal Runaround  
 Make Check Payable to: Somerset County Bar Foundation  
 Mail To: Sports A/R Legal Runaround  
 253 W. Westfield Ave., Roselle Park, NJ 07204

consideration of this entry being accepted I hereby for myself, heirs, executors, and administrators waive and release any claims I may have against Sports Action Reaction, LLC, the Somerset County Bar Foundation, the Somerset County Bar Association, and any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in The Legal Runaround events for any and all injuries suffered by me in this event. I certify that I am physically able to compete in this event. I agree to abide by and cooperate with the race officials' instructions/decisions. I understand safety is the top priority of this event; dogs, other pets, in-line skates, skateboards, bicycles, and similar devices are not allowed on the course; and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address I agree to receive emails regarding this or similar events by SCBF/SCBA/Sports A/R. I grant full permission to use any photos, video, recording, or other record of my attendance at this event for legitimate purposes without compensation or remuneration.

SIGNATURE

DATE

SIGNATURE OF PARENT IF UNDER 18



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