4TH ANNUAL

2009 Legal Runaround 5K

PARTNERING WITH THE TOUR OF SOMERVILLE!!!

5k Road Race - 3K Poker Walk - Kids' Dashes

Thursday Night - May 21, 2009
7:00 pm 5K Start

Starts at: The Somerset County Courthouse, Somerville, NJ

Presented by the Somerset County Bar Foundation
to benefit non-profit organizations in Somerset County

Schedule Of Events

5:00 pm	Registration Begins
6:15 pm	Kids' Dashes
6:30 pm	3K Poker Walk
7:00 pm	5K Road Race
7:45 pm	Awards Ceremony

Entry Fees

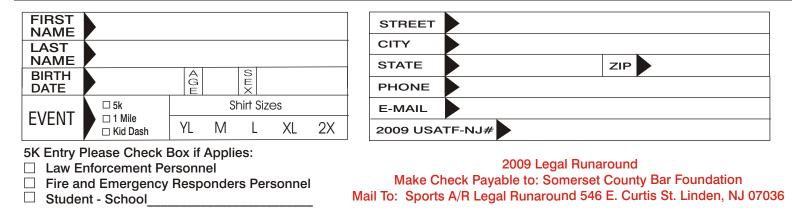|	
5K Road Race	$20 Pre-Entry
5K USATF-NJ Member	$18 Pre-Entry
5K Law Enforcement	$15 Pre-Entry
5K Emergency Responders	$15 Pre-Entry
5K Students under 18	$15 Pre-Entry
3K Poker Walk	$20 Pre-Entry
5K Road Race	$25 Post-Entry
3K Poker Walk	$25 Post-Entry
Kids' Dashes	$5 Pre & Post

Awards

5K Road Race
Overall - 1st, 2nd, 3rd
5 Year Age Groups - 1st, 2nd, 3rd
Law Enforcement - 1st, 2nd, 3rd
Emergency Responders - 1st, 2nd, 3rd
Town Participation Award - Town with the most finishers

3K Poker Walk
Winning poker hand wins grand prize
Ribbons to all finishers

Kids' Dashes
Ribbons to all Finishers

FEATURING

Custom Tee-Shirt

Food By Verve Restaurant

DJ Music

Random Prizes

USATF Certified Course

No processing fee for online entries

USA TRACK & FIELD
NEW JERSEY

NB new balance
north jersey

New Balance
Grand Prix
500 points

Register Online at
PracticeHard.com
No Processing Fee

CONTACT 908-245-3000

FIRST NAME	
LAST NAME	
BIRTH DATE	AGE / SEX

EVENT	☐ 5k ☐ 1 Mile ☐ Kid Dash	Shirt Sizes: YL M L XL 2X

STREET	
CITY	
STATE	ZIP
PHONE	
E-MAIL	
2009 USATF-NJ#	

5K Entry Please Check Box if Applies:
☐ Law Enforcement Personnel
☐ Fire and Emergency Responders Personnel
☐ Student - School_____

2009 Legal Runaround
Make Check Payable to: Somerset County Bar Foundation
Mail To: Sports A/R Legal Runaround 546 E. Curtis St. Linden, NJ 07036

In consideration of this entry being accepted I hereby for myself , heirs, executors waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors and for any and all injuries suffered by me in this event. I certify that I am able to compete in the Legal Runaround 5K Run / 3K poker Walk.

SIGNATURE   DATE   SIGNATURE OF PARENT IF UNDER 18