

WHO BENEFITS?

The Somerset County Bar Foundation, Court Appointed Special Advocates of Somerset County (CASA), Somerset County Project D.A.R.E. and MIDDLE EARTH will divide the net proceeds from The Legal Runaround 5K.

The Somerset County Bar Foundation is the charitable arm of the Somerset County Bar Association. We serve the community through our legal clinics, fellowships and grants for needy law school students, fundraising on behalf of the community-based organizations, financial grants to non-profits with programs related to the law, and seminars for local residents to provide information about the law.
<http://www.somersetbar.com>

CASA advocates for the rights of the abused, neglected or abandoned children in an attempt to place those children in a safe and permanent home.
<http://www.nationalcasa.org>

Somerset County Project D.A.R.E. is a police officer-led drug abuse prevention education program currently being taught in Somerset County's public, private and parochial schools. The program is designed to equip elementary, middle and high school children with knowledge about drug abuse, the consequences of abuse, and skills for resisting peer pressure to experiment with drugs, alcohol and tobacco. Since its inception in 1988, more than 85,000 children have graduated from the D.A.R.E. program in Somerset County.
<http://www.scpo.net>

MIDDLE EARTH is a non-profit, community-based agency that has been providing services to at-risk adolescents for over three decades. Middle Earth listens to, values, respects, and responds to our community youth. The organization provides intervention, mentoring, recreational opportunities, alternatives to incarceration,

life skills education, a safe and supervised place to gather and a caring adult who will listen.
<http://www.middleearthonline.org>

WOULD YOU LIKE TO CONTRIBUTE?

If you wish to be a corporate sponsor or to make a personal donation for the Legal Runaround 5K, please contact Carol Ann Winder at (908) 685-2323 for information on how to contribute.

DIRECTIONS TO THE LEGAL RUNAROUND 5K

From I-287 Southbound: Take Exit 17 to Routes 202 & 206 South. Take Routes 202 & 206 South to Route 22 East. Go East on 22 to the North Bridge Street/Somerville Exit. On North Bridge Street, go 10 blocks, through the 2nd traffic light. The Courthouse is on the left.

From I-287 Northbound: Take Exit for Route 22 West (Exit from the left lane). Proceed as from Route 22 West.

From Route 22 West: Take the Exit for Somerville. Follow it around and you will be on the overpass crossing the highway. Bear to the right. At the stop sign, make a left onto North Bridge Street. Courthouse is on the left, approximately 10 blocks.

From Route 22 East: Use Exit for North Bridge Street. Courthouse is on left, approximately 8 blocks from the highway.



Checks payable to: Somerset County Bar Foundation/5K
 Mail to: 546 East Curtis St. Linden, NJ 07036
 Registration online: www.practicehard.com
 (no online processing fee)

last name _____ first name _____
 street _____
 city _____ state _____ zip _____
 date of birth _____ age on race day _____ sex _____
 2008 USATF# _____
 email _____ phone _____

T-shirt Youth Large Medium Large XL

ENTRY FEES (PLEASE CHECK)

- 5K.....\$20
- 2008 USATF-NJ Members.....\$18
- 3K Poker Walk.....\$20
- Race Day (5K & 3K Poker Walk).....\$25
- Kids' Dashes.....\$5

Donation enclosed \$ _____
 Total Payment Enclosed \$ _____

For information or to Volunteer:
 908.245.3000 - www.practicehard.com

In consideration of this entry being accepted I hereby for myself, my heirs, executors and administrators waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any and all injuries suffered by me in this event. I certify that I am able to compete in the Legal Runaround 5K.

signature _____ date _____

signature of parent if under 18 _____

RACE INFORMATION

Thursday, May 22, 2008
Somerset County Courthouse
Somerville, NJ

- 5:00pm..... Registration
- 6:15pm..... Kids' Dashes
(12 & under)
- 6:30pm..... 3K Poker Walk
- 7:00pm..... 5K Run
- 7:45pm..... Awards Ceremony

Register by mail or Online at:
www.PracticeHard.com
(no online processing fee)

AWARDS (MALE & FEMALE)

5K Run

- 1st, 2nd, 3rd Overall
- 1st, 2nd, 3rd Somerset County Bar Members
- Age Groups (Male & Female 5 years)
- 14 & under/75 & over

3K Poker Walk

- Winning Poker Hand wins Grand Prize
- Ribbons to all finishers

Kids' Dashes

- Ribbons to all finishers

NEW! 3K POKER WALK

Our annual 3K walk with a twist!
Collect playing cards from our dealers along the route. The walker with the winning Poker Hand wins the Grand Prize!



RAIN OR SHINE

WORKING FOR OUR COMMUNITY



Somerset County Bar Foundation
Post Office Box 1095
Somerville, NJ 08876



Third Annual

5K Run... 3K Poker Walk... Kids' Dashes

Thursday, May 22, 2008

7:00pm 5K Start

Somerset County Courthouse

Somerville, NJ

MOVED TO MEMORIAL DAY WEEKEND!

FEATURING

- Tee Shirt
- Food by
Verve Restaurant
- DJ Music
- Random Prizes
- USATF Certified
5K Course
- 500 Point Grand
Prix Event

Presented by the Somerset County Bar Foundation
for the benefit of Court Appointed Special
Advocates (CASA), Somerset County Project
D.A.R.E. and MIDDLE EARTH