

WWW.PRACTICEHARD.COM

## RACE INFORMATION

Sunday, September 9, 2007  
Somerset County Courthouse  
Somerville, NJ

11:00 AM .....Registration  
12:30 PM .....3K Fun Walk  
1:00 PM .....5K Run  
(kids' dashes to follow 5K run)  
2:00 PM .....Awards Ceremony

Register By Mail or Online at:  
www.PracticeHard.com  
(no online processing fee)

## AWARDS (MALE AND FEMALE)

5K — 1st, 2nd, 3rd Overall  
1st, 2nd, 3rd Somerset County Bar Members

Age Groups (Male and Female—5 years)  
14 and under; 75 and over

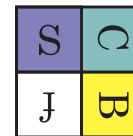
3K Walk and Kids' Dashes...  
Finishers' Ribbons

## KIDS' DASHES

Hey Mom and Dad...  
Bring your children for our Kids' Dashes.  
Open to all: ages 2 -11.

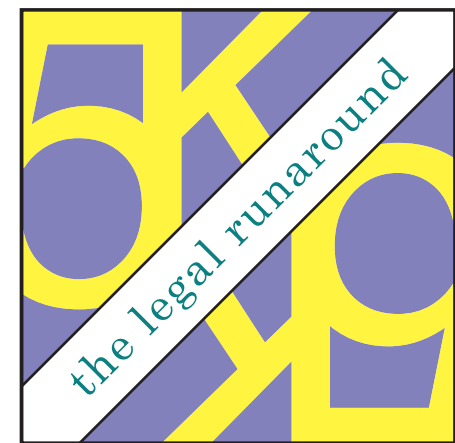


WORKING FOR OUR COMMUNITY.



Somerset County Bar Foundation  
Post Office Box 1095  
Somerville, NJ 08876

THE LEGAL RUNAROUND



## SECOND ANNUAL

5K Run... 3K Fun Walk...Kids' Dashes

Sunday, September 9, 2007

1:00 pm Start

Somerset County Courthouse

Somerville, NJ

## FEATURING

- Tee Shirt
- Refreshments
- DJ Music
- Random Prizes
- USATF Certified 5K Course

Presented by the Somerset County Bar Foundation  
for the benefit of CASA –  
Court Appointed Special Advocates,  
Somerset County Project D.A.R.E.,  
and MIDDLE EARTH

## 2007 ENTRY FORM

SEPTEMBER 9, 2007

RACE INFORMATION 908.245.3000

Checks payable to: Somerset County Bar Foundation/5K  
 Mail to: 546 E. Curtis St., Linden, NJ 07036  
 Registration online: [www.practicehard.com](http://www.practicehard.com)  
 (no online processing fee)

last name first name

street

city state zip

date of birth age on race day sex

2007 USATF #

email phone

T-shirt ☐ Youth Large ☐ M ☐ L ☐ XL

## ENTRY FEES (PLEASE CHECK)

- ☐ 5K .....\$18  
☐ 2007 USATF - New Jersey Members .....\$16  
☐ 3K Fun Walk .....\$18  
☐ Race Day - 5K & 3K Walk .....\$20  
☐ Kids' Dashes .....\$5

Donation Enclosed \$ \_\_\_\_\_

Total Payment Enclosed \$ \_\_\_\_\_

For Information or to Volunteer:  
 908.245.3000 – [www.PracticeHard.com](http://www.PracticeHard.com)

In consideration of this entry being accepted I hereby for myself, heirs, executors, and administrators waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any and all injuries suffered by me in this event. I certify that I am able to compete in the Legal Runaround 5K.

signature date

signature of parent if under 18

## WHO BENEFITS?

**T**he Somerset County Bar Foundation, CASA – Court Appointed Special Advocates of Somerset County, Somerset County Project D.A.R.E., and MIDDLE EARTH will divide the net proceeds from The Legal Runaround 5K.

The Somerset County Bar Foundation is the charitable arm of the Somerset County Bar Association. We serve the community through our legal clinics, fellowships and grants for needy law school students, fundraising on behalf of the community-based organizations, financial grants to area non-profits with programs related to the law, and seminars for local residents to provide information about the law.  
[www.somersetbar.com](http://www.somersetbar.com)

CASA advocates for the rights of abused, neglected or abandoned children in an attempt to place those children in a safe and permanent home.  
[www.nationalcasa.org](http://www.nationalcasa.org)

Somerset County Project D.A.R.E. is a police officer-led drug abuse prevention education program currently being taught in the Somerset County's public, private and parochial schools. The program is designed to equip elementary, middle, and high school children with knowledge about drug abuse, the consequences of abuse, and skills for resisting peer pressure to experiment with drugs, alcohol and tobacco. Since its inception in 1988, over 85,000 children have graduated from the D.A.R.E. program in Somerset County.  
[www.scpo.net](http://www.scpo.net)

MIDDLE EARTH is a non-profit, community-based agency that has been providing services to at-risk adolescents for over three decades. Middle Earth listens to, values,

respects, and responds to our community's youth. The organization provides crisis intervention, mentoring, recreational opportunities, alternatives to incarceration, life skills education, a safe and supervised place to gather and a caring adult who will listen.  
[www.middleearthonline.org](http://www.middleearthonline.org)

## WOULD YOU LIKE TO CONTRIBUTE?

If you wish to be a corporate sponsor or to make a personal donation for the Legal Runaround 5K, please contact Hedily Wendover at (908) 685-2323 for information on how to contribute.

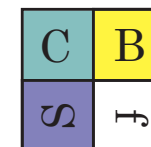
## DIRECTIONS TO THE LEGAL RUNAROUND 5K

From I-287 Southbound: Take exit 17 to Routes 202 & 206 South. Take Routes 202 & 206 South to Rt. 22 East. Go East on 22 to the North Bridge St. Somerville Exit. On North Bridge St. go 10 blocks, through 2nd traffic light, the Courthouse is on the left.

From I-287 Northbound: Take exit for Rt. 22 West (Exit from the left lane.) Proceed as from Rt. 22 West.

From Route 22 West: Take the exit for Somerville. Follow it around and you will be on the overpass crossing the highway. Bear to the right, at the STOP sign make left onto North Bridge St. Courthouse is on the left; approximately 10 blocks.

From Route 22 East: Use exit for North Bridge St. Courthouse is on left; approximately 8 blocks from highway.



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