

**2012 ENTRY FORM - ONE FORM PER PERSON**

Event: [ ]5K [ ]1 Mile Walk/Run [ ]Kids' Trot

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Gender \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age(on race day) \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

2012 USATF-NJ # \_\_\_\_\_

*T-Shirts are included with each entry and are guaranteed to pre-registrants, but on a first come, first served basis to event day registrants.*

Adult Sizes: [ ]Medium [ ]Large [ ]X-Large [ ]XX-Large  
 Youth Sizes: [ ]Medium [ ]Large

5K/1M by 11/19 (mail), 11/20 (online) \$25 \$ \_\_\_\_\_  
 5K USATF by 11/19 (mail), 11/20 (online) \$23 \$ \_\_\_\_\_  
 5K/1M on event day \$30 \$ \_\_\_\_\_  
 Kids' Trot (12 & under) \$10 \$ \_\_\_\_\_  
 Please accept my tax-deductible donation of: \$ \_\_\_\_\_  
 Total amount enclosed: \$ \_\_\_\_\_

Checks payable to: Interfaith Food Pantry  
 Mail to: 253 W. Westfield Ave., Roselle Park, NJ 07204

*In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against LVMC, IFP, Township of Morris, Morris County Parks Commission, Sports A.R., LLC and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in the Morris Twp. Thanksgiving Day 5K Turkey Trot & 1 Mile Walk Fun Run for any and all injuries that may be suffered by me in this event. I certify that I am physically able to participate in this event. I understand that my entry fee is non-refundable. I agree to pay the \$3 replacement fee if I am to lose, damage, or misplace my electronic bib number. I understand that dogs, pets, in-line skates, skateboards, bicycles, baby joggers, and similar devices are not allowed on the course.*

Signature (parent if under 18) \_\_\_\_\_ Date \_\_\_\_\_



Sports A/R  
 253 W. Westfield Ave.  
 Roselle Park, NJ 07204

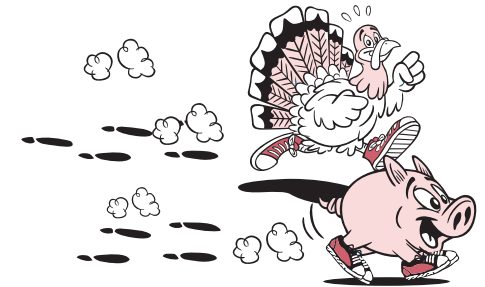


6th Annual Morris Township Thanksgiving Day 5K

# TURKEY TROT

2012

& 1 Mile Fun Walk/ Run



Thursday, November 22, 2012  
 5K - 8:30 a.m. 1M - 8:40 a.m.  
 Kids' Trot - 9:15 a.m.

Ginty Field Complex, Woodland Ave.  
 Morris Township, NJ

5K Run & 1 Mile Fun Walk/Run  
 Kids' Trot on the Lawn  
 Turkey Tee  
 DJ Entertainment  
 Refreshments  
 5K Awards  
 500 Point USATF-NJ Grand Prix

Benefitting



Thank you to our Title Sponsor



MORRIS TOWNSHIP THANKSGIVING DAY 5K

# TURKEY TROT

& 1 MILE FUN WALK/RUN

## DATE & LOCATION

Thursday, November 22, 2012 \*\*RAIN OR SHINE\*\*  
Ginty Field Complex, Morris Township, NJ

## SCHEDULE

- 7:00 a.m. Packet Pick-up & New Registration
- 8:30 a.m. 5K Run
- 8:40 a.m. 1 Mile Fun Walk/Run
- 9:15 a.m. Kids' Trot (12 years & under)
- 9:30 a.m. Awards Ceremony

## COURSES

**5K:** Improved 5K Course with Runner Friendly Start, USATF Certified, Fast Loop on scenic residential streets, Water stop, Mile clocks, 500 USATF-NJ Grand prix points.  
**1 Mile:** Easy and flat out and back on part of the 5K course  
**Kids' Trot:** Kids 12 & younger sprint varied distances on the lawn at Ginty Field.

## AWARDS & SCORING

**5K Awards:** Top 3 overall winners (male and female)  
 Top 3 age group winners (m/f - 5 year)  
 Ages: 14 & under, 15-19, 20-24, 25-29, etc. up to 85+  
**Scoring & Timing:** Best Racing System, B-Tag technology  
 Both Gun & Chip time provided; Awards by Gun time  
**Results:** [www.bestrace.com](http://www.bestrace.com)  
**Kids' Trot:** Ribbons to all participants

## AMENITIES:

 DJ, Refreshments, Turkey Tee, Awards & More!

## GPS ADDRESS/DIRECTIONS

49 Woodland Ave., Morris Twp, NJ (Police HQ next to field)  
 From 287: Take exit 35 onto South St. (Northbound - right at light; Southbound - bear right on Madison, left at light)  
 Turn left on Woodland Ave., Ginty Field is 1/4 mile on right.  
 Follow "Parking" signs and officials.

## CONTACT & REGISTRATION

For event information, call Sports A/R at 908-245-3000.  
 Register online with credit card or via mail with check.

Register Online at

**PracticeHard.com**



I am participating in the Turkey Trot to raise funds to help feed and educate Morris County residents. Will you help me with a tax-deductible contribution?

Participant Name

Sponsor Name & Address	Amount	Matching Gift

*Make donation check(s) payable to your choice:  
 Literacy Volunteers of Morris County or  
 Interfaith Food Pantry (splitting is okay!)  
 Funds will be donated directly to the charity you choose.*

**Would you like to help us feed and educate more people at NO cost to you?**

Create your own personalized fundraising page online and ask your friends and colleagues to sponsor your run or walk. The money will be automatically sent to us.  
**Fast, free, and easy!**

Create an online fundraising page at:

[www.firstgiving.com/17269](http://www.firstgiving.com/17269)

for the Interfaith Food Pantry

or

[www.firstgiving.com/41763](http://www.firstgiving.com/41763)

for the Literacy Volunteers of Morris County

You can also track sponsors using this form. Donations are fully tax-deductible. Direct contributions to either organization can be made by mailing a check to their address or visiting their websites.



### Literacy Volunteers of Morris County

Promotes increased literacy and fluency in English for adult learners through the use of dedicated, trained volunteers and support staff. LVMC currently has approximately 500 students and 300 tutors, having doubled its size in less than 8 years.  
[www.lvamorris.org](http://www.lvamorris.org) 10 Pine St., Morristown, NJ 07960



### Interfaith Food Pantry

Serving Morris County



### Interfaith Food Pantry

Provides supplemental and emergency food to eligible Morris County residents in need. The pantry currently distributes more than 14,000 pounds of food every week and provides assistance to 5,500 households. The IFP provides hands on opportunities for neighbors to help neighbors and educates the public about the issues of hunger in our area.  
[www.mcifp.org](http://www.mcifp.org) 2 Executive Drive, Morris Plains, NJ 07950

**Thank you to our Title Sponsor**  
 Visit The Sweetie Pig Foundation  
 at [www.SweetiePig.org](http://www.SweetiePig.org)



**THE SWEETIE PIG FOUNDATION**  
 SPREADING JOY AND HAPPINESS

