

Children of Heroes



Children of Heroes 5k Run/Walk  
September 25<sup>th</sup>, 2011  
Brookdale Park, Montclair NJ  
Registration/Package Pickup: 7:30 AM  
Race Begins: 9:00 AM

This is a USATF-NJ Certified course with awards given to top age group finishers and top 3 overall male and female finishers! T-shirts will be given to all participants with post race refreshments available!

Participant Name: First: \_\_\_\_\_ Last: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone 1: (\_\_\_\_)-\_\_\_\_-\_\_\_\_\_

E-mail Address: \_\_\_\_\_@\_\_\_\_\_ DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_\_

Gender: M F Shirt Size: \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL

Do you plan to Run or Walk? RUN WALK

How did you hear about our event?

\_\_\_\_\_

In consideration of this entry being accepted, I hereby for Heirs, executors, administrators, and myself waive any claim that I may have against the Town of Montclair and Brookdale Park, as well as the race directors and all volunteers, or their representatives, successors, or assignees for any injuries that may be suffered by me in this event. I do hereby certify that I am in physical condition for this event

ALL DOGS MUST BE LICENSED, SOCIAL WITH OTHER DOGS AND PEOPLE.

Signature \_\_\_\_\_ Parent Signature ( under18) \_\_\_\_\_