

# CENTRAL JERSEY ROAD RUNNERS

# JUNE MOON 5K

7:15 p.m. FRIDAY, JUNE 15, 2007

COLONIAL PARK, SOMERSET



**COURSE:** 5K is a loop course entirely within Colonial Park. Fast, flat, scenic. Mile splits. No wheelchairs, baby-joggers or dogs.

**TIMING:** Timing and results by BestRace.com.

**REGISTRATION:** Race day registration 530-6:45 p.m., Colonial Park, Parking Area C.

**FEES:** 5K pre-entries \$20 (\$18 USATF) by June 8. \$25 on race day for all.

**5K AWARDS:** Top overall male & female, top masters male & female. Age group awards 3 deep in 5-year increments from 14 & under to 80 & over. No duplicate awards.

**AMENITIES:** Custom-designed shirt to all pre-registrants and to post-registrants while they last. Ample post-race refreshments. Restroom facilities. Race course is spectator friendly.

**DIRECTIONS:** Take Exit 12 from Interstate 287 and turn left onto Weston Canal Road. At first stoplight, turn left onto Cottontail Lane and continue to T-intersection with School House Road. Turn left on School House and go to intersection with Elizabeth Avenue. Turn right on Elizabeth; proceed to park.



From New Brunswick, take Hamilton Street (Amwell Road) to Elizabeth Avenue and turn right; park is 9/10 mile on the left. \*\*\* Arrive early; parking is limited. \*\*\*

**INFORMATION:** [runcjrcc@onebox.com](mailto:runcjrcc@onebox.com); [www.CJRRC.org](http://www.CJRRC.org); or register online at [www.practicehard.com](http://www.practicehard.com) & [www.active.com](http://www.active.com). Race held rain or shine.

**Make check payable to CJRRC. Mail to CJRRC, PO Box 1863, Cranford NJ 07016-5863.**

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Last name                                      First name                                      Sex                                      Age                                      Birthdate

Address: Street                                      City                                      State                                      ZIP

Email or phone number                                      2007 USATF-NJ #

Circle shirt size:    S    M    L    XL

I personally assume all risks in connection with this race. I release the township of Franklin, Somerset County Park system, USATF, CJRRC, the sponsors and their representatives and successors from any claim by me or my family, estate, heirs, or assigns for injury or damage which may occur due to my participating in the race. I have signed the release freely and voluntarily and with a full understanding of its contents, having read it in full and acknowledging by my signature that I am bound by it. I also confirm that I am physically fit and qualified to participate in this race and am at least 18 years of age or have had this signed by my guardian if I have not yet reached the age of 18.

Signature

Parent's signature (if under age 18)