

HARRINGTON PARK SPORTS BOOSTERS PRESENTS



THE 13TH ANNUAL 5K RUN & WALK

(USATF Certified Course & Sanctioned)



Harrington Park 5K Fall Spectacular

Proud participant in the 2nd Annual
Northern Valley Triple Crown

SATURDAY, NOVEMBER 15, 2014 ❖ 10:00 AM
HARRINGTON PARK SCHOOL ❖ 191 HARRIOT AVE.
HARRINGTON PARK, NJ ❖ (RAIN OR SHINE)

SCHEDULE:

- 8 am Day of Race Registration
- 9 am Kiddie Dash
- 9:15 am Mile Fun Run
- 10 am 5K Run & Walk Start
- 11 am Awards

AWARDS:

- Top 3 M & F overall
- Top 3 M & F per age group in 5 year age groups, 9 & under through 85+
- Top 3 M & F HP finishers
- Top M & F HP School (K-8) student finishers
- Top 3 HP Fastest Families

ENTRY FEES:

- Adult Pre-Registration \$25 (up to 11/8), after \$30
- USATF-NJ Members \$22 after \$27
- Students 14 & Under \$20 after \$25
- Kiddie Dash 6 & Under \$10 (includes t-shirt)
- Mile Fun Run 9 & Under \$15 (includes t-shirt)

REGISTRATION

Mail: HP Sports Boosters
P.O. Box 83
Harrington Park, NJ 07640



In Person: HP School, Friday 11/14, 5 – 8 pm and
Race Day, Saturday, 11/15, 8 am, school gym

Proceeds will support HP Sports Boosters
Scholarship Awards, HP Volunteer Ambulance
Corps., and Fire Dept., as well as other community
and recreation organizations.

Long sleeve race t-shirts to the first 500 5K pre-registrants,
and while supplies last.

Questions? Contact either race co-director
Scott Weiner 201-768-0976 andalex@optonline.net
Jeff Walker 201-218-0753 jwalkerhp@gmail.com

Register Online at
www.HP5K.COM

Race results will be
posted at
www.bestrace.com

ENTRY FORM (Make checks payable to: Harrington Park Sports Boosters) Team # _____ Bib # _____

Last Name _____ First Name _____ USATF-NJ # _____

Street Address _____ City _____ State _____ ZIP _____

Email _____ Phone _____

Birth Date (MM/DD/YYYY) _____ Age (on race day) _____ Sex M F

T-Shirt Size S M L XL XXL Youth T-Shirt Size L Kiddie Dash or Mile Fun Run

Harrington Park School Student? YES HP Fastest Family Team Member? YES # _____ of _____

To qualify as a team, register 3-5 members of your immediate family (same household.) The aggregate of the team's 3 fastest times will be used .

In consideration of this entry being accepted, I hereby for heirs, executors, administrators, and myself waive any claim that I may have against Harrington Park Sports Boosters, Borough of Harrington Park, Harrington Park Volunteer Ambulance Corps, Harrington Park Police Dept., or their representatives, successors, or assignees for any injuries that may be suffered by me in this event. I certify that I am in physical condition for this event.

Signature (parent or guardian if under 18) _____

Date _____