



Harrington Park Sports Boosters Presents

11th Annual Harrington Park 5K Fall Spectacular

5K Run & Walk

Saturday, November 17, 2012, 10 am



New Location: Harrington Park School, 191 Harriot Ave.,

Registration and Pre-Race Gathering Location: School Gymnasium Area (Behind School)

New Start/Finish Line, Lynn Street

Visit www.HP5K.com to register online and gain updated info.

New Start & Finish:

Harrington Park School
191 Harriot Ave, Harrington Park, NJ
Rain or Shine

Schedule of Events:

8 am – Day of race registration
9:15am – Kiddie Dash (8 and under)
10 am – 5K Run/Walk begins
11 am – Awards

Entry Fees:

- Pre-registration - \$20 (up to 11/10), day of race \$25
- USATF-NJ Members - \$18, day of race, \$23
- Students 14 & under - \$15, day of race, \$20
- Kiddie Dash 8 and under - \$5



Awards:

- Top 3 overall – M&F
- Top 3 M&F per age group – in 5 year age groups, 9 & under through 80+
- Top 3 HP finishers M&F
- Top 3 student finishers M&F from HP School
- Top M&F finishers from HP Running Club
- Top 3 Fastest Families

Fastest Family Award: To qualify as a team, register **3-5** members of your immediate family / SAME HOUSEHOLD. Circle YES below to include yourself on a team. The sum of each team's 3 fastest times will be used to determine awards.

Gordon H. Wolfe Awards:

- **1st place Harrington Park male finisher** will receive commemorative plaque and his name and time added to plaque on display in the HP Library.
- **1st place boy and girl from HP School** will receive a trophy along with a \$50 US savings bond.

New Certified Course: Essentially same course with a new start and finish on Lynn Street. Same great scenic views of HP and reservoir.

Timing and scoring by BEST Racing Systems. Race results will be posted at www.BESTTrace.com.

PROCEEDS WILL SUPPORT RIVER VALE FOOD PANTRY, HARRINGTON PARK SCHOLARSHIP AWARDS, AND RECREATION PROGRAMS AND FACILITIES.

Race packets, T-shirts and goodie bags (while supplies last) & run numbers may be picked up at HP School, back of school, gymnasium, Friday, November 16th, 5 pm – 8 pm.

Questions? Contact Scott Litchfield, Race Director
(201) 913-6275, scottlitchfield1@gmail.com

ENTRY FORM (Make checks payable to: Harrington Park Sports Boosters)

official use

(team # _____ bib # _____)

Last Name: _____ First Name: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ USATF-NJ' 12 #: _____ Email address: _____

Date of Birth (MM/DD/YYYY): _____ Age (on race day): _____ Sex: M F

Indicate Adult T-Shirt Size: S M L XL Youth T-Shirt Size: L

Do You Attend Harrington Park School (K – 8th Grade)?: YES Are You a Fastest Family Team Member?: YES # ____ of ____

In consideration of this entry being accepted, I hereby for heirs, executors, administrators, and myself waive any claim that I may have against Harrington Park Sports Boosters, Borough of Harrington Park, Harrington Park Volunteer Ambulance Corps, Harrington Park Police Dept., or their representatives, successors, or assignees for any injuries that may be suffered by me in this event. I certify that I am in physical condition for this event.

Signature: _____ Parent Signature (if under18): _____ Date: _____