

## THE CHATHAM CLUB

THE CHATHAM CLUB is proud to host our first annual Fit-to-Food 5K run. The owners and staff of The Chatham Club are committed to helping others not only by encouraging health and fitness but by supporting our local communities as a whole. The Fit-to-Food 5K run is open to Club members and non-members alike. Runners and walkers, individuals and teams, their families and friends are all welcome to participate in and support this event.

## SPONSORS

### SILVER -

Peapack-Gladstone Bank

### BRONZE -

Sports Training Physical Therapy

### FRIEND -

Gary's Wine & Marketplace

Allstate-The John Hawk Agency

Nautilus Diner

McRae Capitol Management

Rod's Steak & Seafood Grille/G.K's Red Dog Tavern

Towne & Country Properties

### PAL -

Center for Relaxation and Healing

Great Swamp Greenhouses

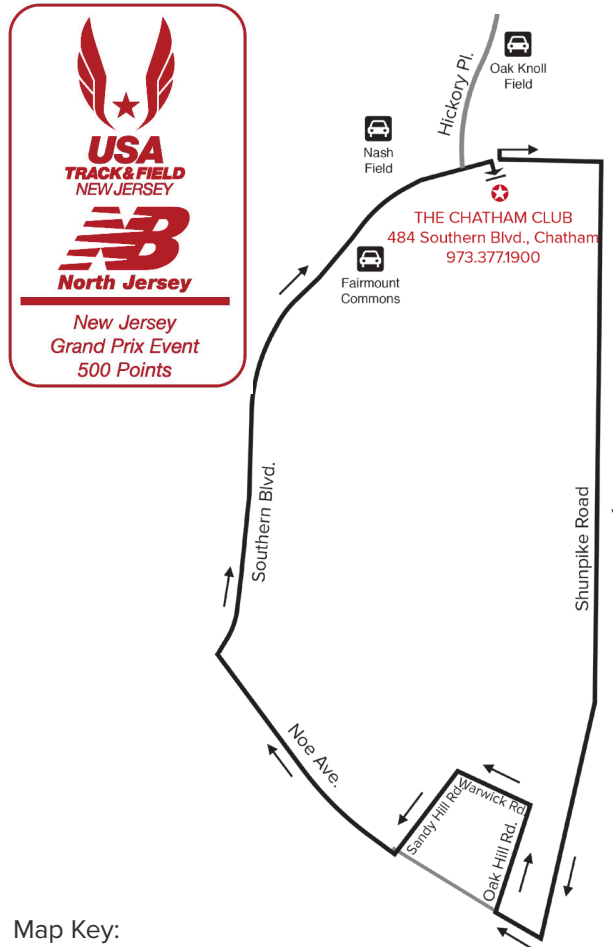
Spinella Contracting

## USATF-NJ CERTIFIED



USA Track & Field is the United States national governing body for the sports of track and field, cross country running, road running and racewalking.

## FIT-TO-FOOD 5K COURSE MAP & PARKING



### Map Key:

Start/Finish - 📍 - The Chatham Club, 484 Southern Blvd., Chatham

Route - →

Parking - 🚗

Oak Knoll Field - 300 Green Village Road

Nash Field - 405 Southern Blvd.

Fairmount Commons - 466 Southern Blvd.

The Chatham Club parking lot will be closed until 1:00 pm.

## REGISTER ONLINE

[www.chathamclub.com](http://www.chathamclub.com)



## THE CHATHAM CLUB

IS PROUD TO HOST THE 1ST ANNUAL



484 southern blvd., chatham, nj 07928

973.377.1900

[www.chathamclub.com](http://www.chathamclub.com)

# FIT-TO-FOOD 5K RACE INFORMATION

Distance: 3.1 mile run or walk

Benefitting: Community FoodBank of NJ  
31 Evans Terminal, Hillside, NJ 07205  
908.355.3663  
www.cfbnj.org

Location: The Chatham Club  
484 Southern Blvd.  
Chatham NJ 07928  
973.377.1900  
www.chathamclub.com

Date and Time: Sunday, September 28th, 2014  
10:00 am, rain or shine

Awards & Age Groups: Top three overall, male and female.  
Top three age group;  
14 & Under, 15-19, 20-29, 30-39, 40-49,  
50-59, 60-69, 70-79, 80+

Packet Pick-Up: The Chatham Club  
484 Southern Blvd., Chatham  
Friday, Sept. 26th, 5:00am - 9:00pm  
Saturday, Sept. 27th, 6:30am - 7:00pm

Course Safety: To ensure the safety of the runners,  
dogs, pets, in-line skates,  
skateboards, bicycles, baby joggers,  
and similar devices are not allowed  
on the course. Headphones are  
strongly discouraged.

T-shirts: Custom t-shirts to the first 500  
participants. Sizes not guaranteed.

Information: Please contact Barbara Grobert  
at 973-377-1900 or  
barbaragrobert@chathamclub.com

# FIT-TO-FOOD 5K GET STARTED



# ENTRY FORM

one entry form per person

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: \_\_\_\_\_

T-shirt size - Adult  
 Small  Medium  Large  X-Large

Amount Enclosed  
 \$25.00 Entrance fee  
 \$22.00 USATF members # \_\_\_\_\_

Help us feed hungry families throughout New Jersey.  
Tax Deductible Donation to: CFBNJ  
 \$ \_\_\_\_\_

Waiver

*Read Waiver and Sign Below:*

*In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against The Chatham Club, the Community FoodBank of NJ, Township of Chatham, The County of Morris, and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in The Chatham Club Fit-to- Food 5K Run for any and all injuries that may be suffered by me in this event. I certify that I am physically able to participate in this event. I understand that my entry fee is non-refundable. I understand that dogs, pets, in-line skates, skateboards, bicycles, baby joggers, and similar devices are not allowed on the course.*

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Entry Fee payable to: **The Chatham Club**

Return Entry to: The Chatham Club  
484 Southern Blvd.  
Chatham, NJ 07928