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FITNESS • HEALTH • MARTIAL ARTS

PRESENTS

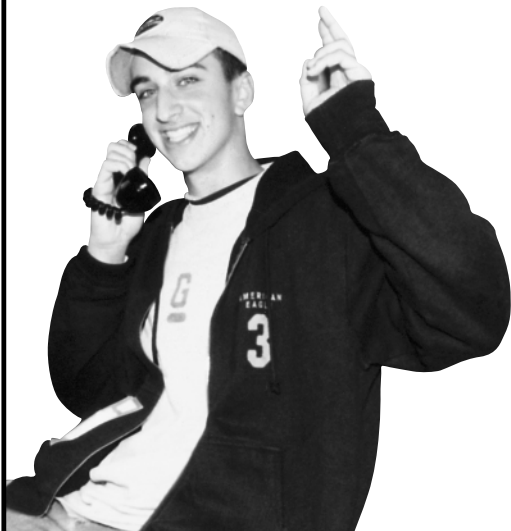
The 2nd Annual 10K and 5K
BRIAN'S RUN
FOR
TOMORROWS
CHILDREN.

SUNDAY, SEPTEMBER 22, 2002
RACE STARTS 9 AM

WHERE:

Albert Payson Terhune Elementary School
40 Cyanamid Drive
Wayne, New Jersey

For additional information,
call: 973-709-1200.



DIRECTIONS TO BRIAN'S RUN:

Albert Payson Terhune Elementary School
40 Cyanamid Drive, Wayne, New Jersey 07470

FROM ROUTE 23 NORTH: Take Route 23N to Alps Road exit. Make a right hand turn onto Alps Road. Take Alps Road at the 3rd set of lights on Alps Road make a right and a quick left (if you go right only, you will be on Rater Road). Continue on Alps Road to the next light and make a left onto Hamburg Turnpike. Go to 2nd light and make a right onto Cyanamid Drive. Terhune Elementary School is on the right.

FROM ROUTE 23 SOUTH: Take Route 23S to the Jackson Avenue jug-handle. Cross Route 23 and continue on Jackson Ave. At first light, make a right onto Black Oak Ridge Road. At next light, make a left onto Jackson Ave., a continuation of the first Jackson Ave. Make a left onto Squad Place, across from Fire Station. Follow Squad Place to end and make a left onto Hamburg Turnpike. Take Hamburg Turnpike to the 1st light and make a right onto Cyanamid Drive. Terhune Elementary School is on the right.

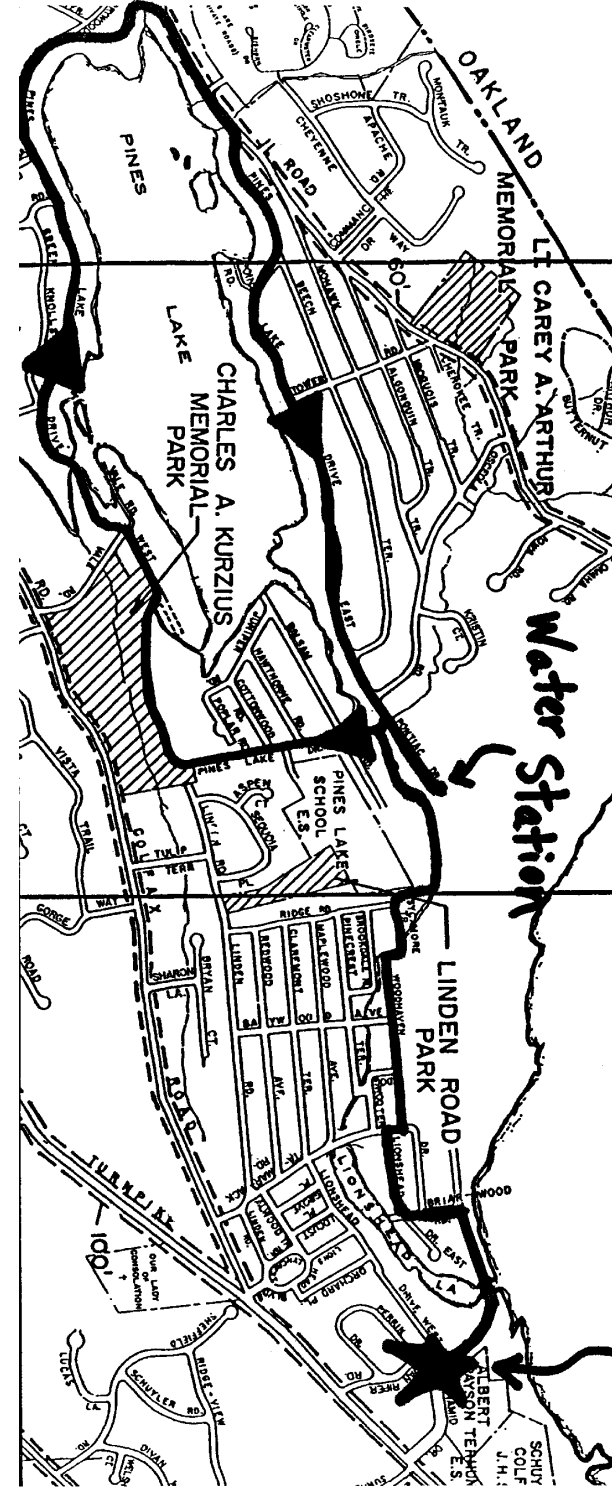
FROM ROUTE 80 WEST: Take Route 80 West to Route 23N. Follow directions from Route 23N.

FROM ROUTE 80 EAST: Take Route 80 East to Route 46 East. Take Route 46 East to Route 23N. Follow Route 23N directions.

FROM ROUTE 287 NORTH: Take Route 287N to Route 23S. Follow directions from Route 23S.

FROM NEW JERSEY TURNPIKE NORTH: Take the New Jersey Turnpike North to Exit 16W, Route 3W. Take Route 3W. This will merge into Route 46W. Take Route 46W to Route 23N. Follow directions from Route 23N.

FROM ROUTE 4 WEST: Take Route 4W to Route 208 North. Take Route 208N. to the Colonial Road exit. From the exit ramp, make a left onto Colonial Road. Follow Colonial Road to the end and make a right onto Franklin Lakes Road. Go to the 2nd traffic light and make a left onto Breakneck Road, which will become Berdan Avenue. Take Berdan Avenue to the end and make a right onto Hamburg Turnpike. Take Hamburg Turnpike to the 3rd Traffic light and make a right onto Cyanamid Drive. Terhune Elementary School is on the right.





Join us on Sunday, September 22, 2002, to help us raise money for The Tomorrows Children's Fund.

HELP TOMORROWS CHILDREN, TODAY

The Tomorrows Children's Fund is a non-profit organization that helps provide state-of-the-art medical care, funding for research on childhood cancer and serious blood disorders and a warm, healthy, loving atmosphere for children in treatment, along with their families. They receive no government funding and rely on community and corporate support to help people in need.



BRIAN'S LEGACY OF HOPE

Brian Kwiat grew up in Wayne, NJ and graduated from Wayne Valley High School.

An honor student filled with talent, enthusiasm and a lust for life, he was preparing to enter Drexel University to fulfill his desire of becoming a graphic

designer (all illustrations are Brian's work) when he was diagnosed with Severe Aplastic Anemia.

In February of 2001, at the age of 18, Brian lost his battle with this rare and terrible blood disorder. We remember Brian in our hearts and honor him by working to raise funds to help other individuals and families in need through The Tomorrows Children's Fund.

ENTRY FORM

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone:() _____

Sex: Male Female

Age: (on race day) _____ DOB: _____

10K 5K

\$16.00 (USATF Members - by Sept. 17)

2002 USATF NJ# _____

\$18.00 Pre-Registration

\$20.00 After Sept. 17 or on Race Day

I cannot run, please accept my donation.

Payment enclosed \$ _____

Please make checks payable to: Tomorrows Children's Fund Brian's Run

Mail to: Ms. Carol Dietz, Race Director

c/o CAN DO P.O. Box 2009

1211 Hamburg Tpk. Suite 229 Wayne, NJ 07470

Waiver of Liability for Brian's Run September 22, 2002

In participating in the Brian's Run 10K, 5K, or Kid's Run, I myself, my heirs, executors and administrators and assigns, do hereby release and discharge **CAN DO**, their employees, owners, officers, agents, volunteers, all sponsoring and cooperating business organizations and municipalities, their employees and agents, from all claims, damages, demands, actions, causes of action or any other claim of whatsoever nature arising out of my participation in the event or while in transit to or from the designated route. I agree to abide by all traffic laws and basic safety rules established by **CAN DO**. I also give full permission to **CAN DO** for use of my name and photograph in connection with this event or any promotional or advertising materials of **CAN DO**.

The undersigned, being fully aware of the risks and hazards inherent in practicing and engaging in exercise programs, hereby voluntarily assumes all risks of loss, damage or injury, including death, that may be sustained by the undersigned, or to any property of the undersigned.

This release shall be binding upon the distributees, heirs, next of kin, executors and administrators of the undersigned.

In signing the foregoing release, the undersigned hereby acknowledges and represents that he/she has read the foregoing release, understands it and signs it voluntarily.

Signed: _____ Date: _____

Parent/Guardian if under 18 yrs. of age.

Design compliments of Morbelli, Russo & Partners Adv. Inc.

Printing compliments of Mann & Company

Rain or Shine

Events Schedule for:

Brian's Run - Sept. 22, 2002

- 7:00am to - Race number and T-Shirt
- 8:30am pick up during registration.
- 9:00am - 10K Race begins
- 10:30am - 5K Race begins
- 12:00pm - Awards Schedule: overall male & female, 1st, 2nd, 3rd place in age group breakdown.

Enjoy refreshments, Tae Kwon Do demonstrations, raffle prizes and Chinese Auction!

For more information or to volunteer to help on the day of the event, please call: 973-709-1200 or fax us at: 973-709-1204



500 points

CAN DO
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OUR GOAL IS TO HAVE YOU REACH YOURS.
 www.candofitness.com

SPECIAL THANKS GO TO THE FOLLOWING SPONSORS OF BRIAN'S RUN FOR TOMORROWS CHILDREN.

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- Camp Pocono Ridge
- Silk City Fibers
- The Buchalter Foundation
- Fleet Bank
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- Morbelli, Russo & Partners Advertising, Inc.

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- Precision Landscaping
- Les A. Burns, MD

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