

Winters End



5 Mile Road Race &
3k Junior Championship
Rahway River Park, Rahway, NJ
March 17, 2007



5 Miler - 10:10am
3k Junior Championship - 10:00am

FEES



Register Online at
PracticeHard.com
No Processing Fee

5M Run Pre-Entry (03-15-07)

\$16 USATF MEMBER AT WWW.PRACTICEHARD.COM
\$18 USATF MEMBER BY MAIL
\$18 ONLINE AT WWW.PRACTICEHARD.COM
\$20 BY MAIL
WITH SHIRT

5M Run Post-Entry

\$22 With Shirt
(While Supplies Last)

3k Junior Championship

PRE-ENTRY \$15 With Shirt
POST-ENTRY \$20 With Shirt (While Supplies Last)

AGE GROUPS / AWARDS

5M Run - First 3 Overall Finishers Male & Female

Top 3 Finishers In All Age Divisions, M & F

14 & Under, 15-18, 19-29, 30-34, 35-39,
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+

3k Junior Championship

First 5 Boy & Girl Finishers in Each Age Division

Bantam 10 & Under - Midget 11-12 - Youth 13-14
High School 15-18 Age Based of Event Date

Directions From Parkway

Get Off At Exit 136 (From South - At Exit Turn Right)
(From North - At Exit Make Right Then Make U Turn At 1st Light)
Go Straight Approx. 1/2 Mile. On Right Look For Sign For
Rahway River Park. Make Right. Then Make 1st Left At Fork In Road.
Go Straight (Approx. 1/2 Mile) To Stop Sign. Cross Street Into Main Park.



Series



New Jersey
Grand Prix Event
500 Points

CONTACT - Ray or Tears @ 908-245-3000

Winters End 2007

Make Check Payable & Mail To:

Sports A/R WintersEnd - 546 E. Curtis St. Linden, NJ 07036

Or Register Online at www.Practicehard.com

LAST NAME			
FIRST NAME			
BIRTH DATE	AGE	SEX	
EVENT Circle One	5 Miler	3k Junior	

STREET			
CITY			
STATE	ZIP		
PHONE			
E-MAIL			
2007 USATF#			
Shirt Size			
YM YL M L XL XXL			

In consideration of this entry being accepted I hereby for myself, heirs, executors and administrators waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in The Winters End Road Races for any and all injuries suffered by me in this event. I certify that I am physically able to compete in this event.

SIGNATURE

DATE

SIGNATURE OF PARENT IF UNDER 18

Winters End

5 Miler

546 E. Curtis St
Linden, NJ 07036



Upcoming Races

June 2, 2007
Jill & Jack
5K Road Race • Square Mile • Bucket Run
WESTFIELD, NJ



SOMERVILLE, NJ
Date TBA

October 28, 2007
**George Ohlandt
Memorial**

**5K Road Race
1 Mile Walk/Run**

TEANECK, NJ

November 11, 2007
Garden State Plaza 5k
1 Mile Fun Run/Walk



PARAMUS, NJ

November 24, 2007
WESTFIELD 5 Mile TURKEY TROT



WESTFIELD, NJ