

2013 ENTRY FORM - ONE FORM PER PERSON

Event: 5K 1 Mile Walk

Team Name _____ Team Captain _____

First Name _____ Last Name _____

Gender _____ Date of Birth _____ Age(on race day) _____

Address _____

City, _____ State _____ Zip _____

Phone _____ Email _____

T-Shirts are guaranteed to the 1st 500 5K & 1 Mile pre-registrants, and on a first come, first serve basis to event day registrants.

Adult Sizes: Small Med L XL XXL

Youth Sizes: Medium Large

5K/1M by 11/11 (mail), 11/14 (online) \$20 \$_____

5K/1M on 11/15 & 11/16 \$25 \$_____

Please accept my tax-deductible donation of: \$_____

Total amount enclosed: \$_____

Checks payable to: Calvary Temple

Mail to: Sports A/R, 253 W. Westfield Ave., Roselle Park, NJ 07204

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against Calvary Temple, Sports Action Reaction, LLC, the Township of Wayne and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in the Race for Hope events for any and all injuries that may be suffered by me in this event. I certify that I am physically able to participate in this event. I agree to abide by and cooperate with the race officials' instructions & decisions. I understand safety is the top priority of this event; dogs, other pets, in-line skates, skateboards, bicycles, and similar devices are not allowed on the course; and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address I agree to receive emails regarding this or similar events by Race for Hope/Sports Action Reaction. I grant full permission to use any photos, video, recording, or other record of my attendance at this event for legitimate purposes without compensation or remuneration.

Signature (parent if under 18) _____ **Date** _____

Sports A/R
253 W. Westfield Avenue
Roselle Park, NJ 07204



5K Run/ Walk

and

1 Mile Fun Run

Saturday, Nov. 16th 2013

5K Run & 1 Mile Walk – 8:00 AM

Start/ Finish:

Calvary Temple International Assembly
1111 Preakness Ave, Wayne, NJ 07470

www.hoperace.org

Long sleeve t-shirt

Post Race Breakfast

5K Awards & Fundraising Awards

Indoor Registration

All proceeds benefit HOPE Ministries food pantry & the Community FoodBank of NJ



DATE & LOCATION

Saturday, November 16, 2013 ****RAIN OR SHINE****
Calvary Temple, 1111 Preakness Ave, Wayne, NJ

SCHEDULE

FRIDAY NIGHT

5:00 - 7:00 p.m. Packet Pick-up

SATURDAY MORNING

6:30 a.m. Packet Pick-up & New Registration

7:45 a.m. Group Walk to Start

8:00 a.m. 5K Run/ Walk & 1 Mile Walk

9:15 a.m. Awards Ceremony

COURSES

The USATF certified 5K & 1 mile courses start across the street from Calvary Temple. The courses are flat, fast, and residential.

AWARDS & SCORING

5K Awards: Top 3 overall winners (male & female)

Top 3 age group winners (m/f - 5 years)

Ages: 14 & Under, 15-19, 20-24, 25-29, etc. up to 85+

Scoring & Timing: Best Racing System

Results: www.bestrace.com

AMENITIES: Long-sleeve t-shirt, post-race breakfast, race & fundraising awards & more!

ADDRESS & DIRECTIONS

1111 Preakness Ave, Wayne, NJ 07470

Visit www.hoperace.org for detailed directions.

CONTACT & REGISTRATION

For event information, visit www.hoperace.org, or call Sports A/R at 908-245-3000. Register online with credit card or via mail with check.

Register Online at

PracticeHard.com



Give Hope this Thanksgiving

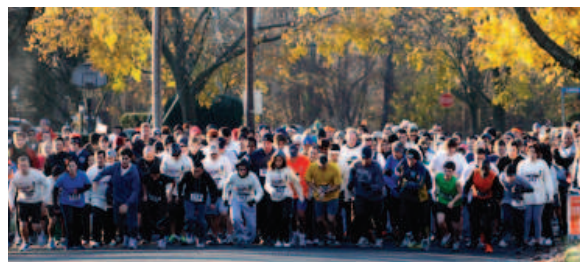
\$22 provides a complete Thanksgiving dinner for one family.

Ways You Can Help

- Give a special donation when you register by mail or online.
- Share with your friends & family that you have registered and ask them to sponsor you. Easily share your story & fundraising goals through email and social media at www.crowdrise.com/hoperace2013.
- Stock the pantry! Bring non-perishable food, diapers, laundry detergent, and clothing on Race day.

www.HopeRace.org

Donations collected will provide Thanksgiving meals and other essential services throughout the year.



All proceeds will benefit:

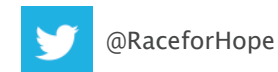
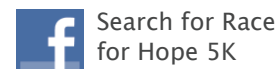


The HOPE Ministry food pantry provides food, clothing, and other essential resources to hundreds of families each year who are struggling to make ends meet.



FOOD • HELP • HOPE

The Community FoodBank of New Jersey (CFBNJ) fights hunger and poverty by distributing food and groceries, providing education and training, and developing new programs to help people with low incomes meet their basic needs. cfbnj.org



Sponsors:

