

The Watchung Hills Municipal Alliance

The 2011 Alliance 5K Certified Run & Fitness 1 Mile Walk 2011

WHMA is a volunteer organization concerned about the consequences of DRUG and ALCOHOL ABUSE in our communities of: Warren Township, Watchung Borough, Long Hill Township, & Green Brook Township.

DATE:		ENTRY FEE:
SUNDAY, OCTOBER 23 9:00 a.m. On-site registration 8:00 a.m.		Before Oct.16 <ul style="list-style-type: none"> \$20.00 run with T-shirts \$13.00 walk with T-shirts After Oct. 16 <ul style="list-style-type: none"> \$25.00 run \$16.00 walk T-shirts available while supply lasts
LOCATION:		
WATCHUNG LAKE Brookdale Road Watchung, NJ Mobus Field		

MAKE CHECKS PAYABLE TO: WATCHUNG HILLS MUNICIPAL ALLIANCE

MAIL CHECKS AND APPLICATION TO: WHMA 108 STIRLING RD., WARREN, 07059

Questions call : Carolyn Seracka 732-968-1051 ext. 3 or Jack Walsh 908-561-8883

5K Prize Categories

Medals First, Second & Third Place Winners					Prizes
Women		Men		Children	
15-19	40-49	15-19	40-49	14 & Under	Overall Male and Female Adult Winners \$50.00 gift certificate & medal
20-29	50-59	20-29	50-59		
30-39	60 & Over	30-39	60 & Over		

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THE WATCHUNG HILL REGIONAL MUNICIPAL ALLIANCE 5K RUN OR 1 MILE WALK REGISTRATION APPLICATION

Last Name		First Name	
E-MAIL Address			Gender <input type="checkbox"/> Male <input type="checkbox"/> Female
Home Address			
City/Town		State	Zip Code
Home #	Cell #		Age on Oct. 1st
Activity: <input type="checkbox"/> Runner <input type="checkbox"/> Walker <input type="checkbox"/> Wheelchair			

Acceptance declaration:

- I hereby acknowledge for myself and/or my participating child, that I, my child's or mine/their heirs, executors and administrators waive and release any claims that may arise against The Watchung Hills Municipal Alliance and Watchung Hills Regional High School or their representatives or volunteers, successors or assignees for any injuries that may be suffered by me or my child during participation in this event.
- I further certify that I and/or my child are physically able to participate in this event.
- I further authorize the use of my name/photo or my child's name/photo for event publicity.

Signature: _____ Date: _____