

6th Annual Bob Beckert Memorial Scholarship 5K Run/Walk & Kids 1K

Sunday June 7, 2009
Watchung Hills Regional High School, Warren, N.J.

Schedule:

8:30 a.m. Registration ▪ 9:15 a.m. Kids 1K Start ▪ 10:15 a.m. 5K Start

Entry Fees (for 5K only – Kids 1K is free):

Pre-registration (postmarked by 5/29): \$18 person (\$16 USATF members)

Late registration (after 5/29): \$20 person (\$18 USATF members)

⇒100% of profits go to scholarship awarded at WHRHS in Bob Beckert's memory! Flat and scenic race route!

Amenities and Prizes:

- T-shirts guaranteed to those pre-registered (5K and 1K)
- Water, fruit and bagels for all participants
- Prizes for top 3 men and women per age group in 5K race (under 14, 14-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over)

Registration:

Register online at www.active.com – or – Mail this completed form to:
Bob Beckert Memorial Scholarship 5K Run, 41 Vail Lane, Watchung, N.J. 07069
Make check payable to: Bob Beckert Memorial Scholarship 5K Fund
Add'l registration forms available at: www.Bestrace.com

Contact for More Information:

Martha Ard at 908-561-5134 or ardkids4@aol.com

Directions to High School: Route 78 Eastbound: Take Rt 78 to Exit 36. Bear right off exit onto King George Rd, go to second light, and make a left onto Mountain Ave. Take Mountain Ave to 2nd light (Regional Drive) and enter High School. Route 78 Westbound: Take Rt 78 West to Hillcrest Rd, Exit 40, bear right off exit. Turn left at 4-way stop onto Mountain Ave. Proceed down Mountain Ave to first light, Regional Dr. Take a left to enter High School.

Official Entry Form -- One form required for each 5K and 1K participant

Name: _____ Phone: _____ E-Mail: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Age day of the race: _____ Date of birth: _____ 2009 USATF-NJ# _____

Male: ___ Female: ___

T-shirt size: Adult S ___ M ___ L ___ XL ___ XXL ___ (For Kids select Adult S)

I, the undersigned, know that running is potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effect of the weather, including how high or low the temperatures, and/or humidity, traffic and other conditions or the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, myself, and anyone entitled to act on my behalf waive and release the race directors and all organization committees, Watchung Hills Regional High School, the town of Warren and all sponsors, their representatives, employees and successors and the race volunteers from any and all claims and liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Signature: _____

Date: _____ Parent/Guardian (if child under 18) _____



USATF Sanctioned and
Certified
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