



# Tinton Falls Foundation

For Excellence In Education

## 5K Run/Walk

## Run For Excellence

**Sunday, October 25, 2009 (rain or shine)**

<b><u>TIMES:</u></b> On-Site Registration 7:45 to 8:45 AM Kid's Race (8 and under) @ 9:00 AM 5K Walk/Run @ 10:00 AM	<b><u>LOCATION:</u></b> Mahala F. Atchison School 961 Sycamore Avenue Tinton Falls, New Jersey	<b><u>TEAM CATEGORY:</u></b> -Minimum 5 members—may have more -Indicate Team Name Below
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<b><u>FEES:</u></b> <b>Adults:</b> \$15 pre-registration before 10/9 \$20 <b>after</b> 10/9 or on-site <b>Ages 9 – 18:</b> \$10 pre-registration before 10/9 \$15 <b>after</b> 10/9 or on-site <b>Kid's Race (8 &amp; under):</b> \$7 pre-registration before 10/9 \$10 <b>after</b> 10/9 or on-site
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<b><u>AMENITIES:</u></b> Goody Bag & Custom Designed Long-Sleeved Race T-Shirt to all pre-registered participants (and race day registrants while supplies last). Water stations at each mile.  <b>Post-Race Refreshments provided by participating sponsors.</b>
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**NEW THIS YEAR!!**

**QUICK AND ACCURATE  
COMPUTERIZED RACE  
RESULTS PROVIDED BY**

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www.BESTrace.com**

<b><u>AWARDS:</u></b> <b>Superintendent's Trophy</b> to 1 <sup>st</sup> Male/Female Tinton Falls Resident Finisher <b>Diamond Trophies</b> to 1st Place Tinton Falls Resident Student in age groups 9-13, and 14-18 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Place Finishers: Adult Male and Adult Female 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Place Finishers: 9-13 Ages Group (Male and Female) and 14-18 Age Group (Male and Female) <b><u>Trophies will be awarded to 1st place, medals given to 2nd and 3rd place.</u></b> 1st Place TEAM with combined lowest time of first 5 finishers 1st Place Finisher 65 and older Male/Female 1st Place Male Tinton Falls School District Staff Member 1st Place Female Tinton Falls School District Staff Member All Participants in Kid's Race will receive a Participation Ribbon
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**Information:** Call Fran Gardiner for information at (732) 460-2404  
 Make checks payable to: Tinton Falls Foundation for Excellence in Education  
 Mail to: TFFEE c/o Fran Gardiner, 658 Tinton Avenue, Tinton Falls, NJ 07724  
**Note: Please send a self-addressed, stamped envelope with your pre-registration form and fee, and your race number will be sent to you.**

Cut here and return registration below-----

Full Name: \_\_\_\_\_ Birth Date: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_\_\_ Sex: M F  
 Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone #: \_\_\_\_\_ Email: \_\_\_\_\_ Tinton Falls Resident: Y N Staff Member Y N  
 Event (circle one) 5K Run/Walk (19 and older) 5K Run/Walk (9-18) Kid's Race  
 Shirt Size: S M L XL Youth: M L  
 Amount Enclosed: \$ \_\_\_\_\_ NJRRC Member # \_\_\_\_\_ **TEAM NAME** \_\_\_\_\_

**Liability and Publicity Release:** Please accept my entry in the TFFEE Run for Excellence. I hereby state I have conditioned myself to participate in the event I have chosen. I, for myself my executors, administrators and assignees, do hereby release and discharge TFFEE, officials, sponsors, and volunteers from damages or injuries occasioned by my participation in the TFFEE Run for Excellence. I also authorize TFFEE officials to utilize any photographs and video tape of my participation in the TFFEE Run for Excellence for any and all purpose. By signing my name below, I hereby certify that I have read all the items and conditions of this release and intend to be legally bound thereby.

Participant Signature (Parent or Guardian if under 18) \_\_\_\_\_ Date \_\_\_\_\_