



**THORLABS**

Spirit Sponsor



All participants and spectators are encouraged to wear costumes!!

# 5th Annual 5K Spirit Run

Sponsored by and for the benefit of

The Catholic Academy of Sussex County

Saturday 10/13/12

8:30 Fun Run/Walk

9:00 5K Run/Jog/Walk

Packet Pick Up:

7:00am at Pope John XXIII High School  
28 Andover Road, Sparta, NJ 07871

Runners Receive T-Shirts while supplies last  
Rain or shine event - "No Refunds"

Children 9 and under participating in 5K Run  
MUST be accompanied by registered adult.

Awards Given to:

Top 3 Male and Female Runners  
Additional awards given for various age groups 7-80+

## Online Registration Only

<https://register.bestrace.com>

on or before 10/11/2012

### Registration Fees:

5K (7Yrs+):

\$22 by 9/17

\$27 by 10/11,

\$30 10/12-13 - Same Day Registration

Fun Run (P.J. Track)

\$10 (T-Shirt included)

"Academy" Students/Teachers

\$15 by 9/17

2012 USATF Member # \_\_\_\_\_

Discount of \$2 by October 11, 2012

Grand Prix scoring ONLY. Estimated finish time \_\_\_\_\_

For more information e-mail: SpiritRun@hotmail.com  
or visit <https://www.5kspiritrun.com>