



Sponsored by Sussex County Catholic Schools  
**Saturday, September 19, 2009**



Pope John XXIII High School  
 28 Andover Road., Sparta, NJ 07871  
 9:00 Fun Run/Walk  
 9:30 5K Run

Andy Ball

Awards Given to  
 Top Three Male and Female Runners  
 Additional Awards given for various age groups 7-70 and up  
*Runners Receive T-Shirts while supplies last*

USATF-NJ Athletes save \$2.00  
 if registered by Sept 9, 2009

**Registration Fees:**

Early Registration (Register by September 4th)	\$20.00
Regular Registration (Register Sept 5-Sept 16)	\$25.00
Late registration (Sept 17th through race day)	\$30.00
Fun Run (Pope John High School Track)	\$10.00

**ONE RUNNER/WALKER PER FORM PLEASE**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ ST \_\_\_\_\_ Zip \_\_\_\_\_  
 E-mail \_\_\_\_\_ Phone \_\_\_\_\_  
 Shirt Size: YL, AL, AXL, AXXL Age on Race Day \_\_\_\_\_ Date of Birth \_\_\_\_\_ Gender \_\_\_\_\_  
 Are you currently a Sussex County Catholic School Student? Yes No  
 School/Grade \_\_\_\_\_  
 2009 USATF-NJ# \_\_\_\_\_ Grand Prix Scoring Only Est. FinishTime \_\_\_\_\_  
 Occupation \_\_\_\_\_ Business Name \_\_\_\_\_

**BIB #**

For Office Use Only

Payment Enclosed: Cash \_\_\_\_\_ Check # \_\_\_\_\_  
*Make checks payable to: Pope John High School*

**5K Run Registration (7 Yrs+)** \_\_\_\_\_  
**Fun Run Registration** \_\_\_\_\_  
**Both Events (Same price as 5K)** \_\_\_\_\_

In Consideration of your acceptance in the 5K Spirit Run, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization (Andy Ball, Sparta Township, Sussex County, Pope John High School, active.com and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to 5K Spirit Run to use photos that may include myself for promotion and publicity; and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Signature \_\_\_\_\_ Date \_\_\_\_\_  
 (Parent or Guardian if under 18)

Online Registrations available at [www.Active.com](http://www.Active.com)  
 Mail Applications to: Pope John XXIII High School 28 Andover Road Sparta, NJ 07871  
 Or submit application to any of the Academy schools  
 For more information, e-mail [SpiritRun@hotmail.com](mailto:SpiritRun@hotmail.com) or visit [www.5kspiritrn.com](http://www.5kspiritrn.com)  
**Packet pick-up begins at 7:30 a.m. on race day**