



**FUN  
PRIZES  
&  
REFRESHMENTS**

*Sponsorships Available*



Have a Heart Foundation  
& Have a Heart for Kids  
112 Sheraden Avenue  
Staten Island, NY 10314



&



Presents  
our 1st Annual  
**5K RACE**

Sunday  
October 28th, 2007

Sponsored  
by  
The South Shore Rotary



**AT:**

The South Beach Boardwalk

**WHEN:**

Sunday October 28th, 2007

**REGISTRATION:**

7:30am

**RACE TIME:**

9:00am

**COST:**

	Before 10/14	After 10/14
Fun Mile	\$10.00	\$15.00
5K Race	\$20.00	\$25.00
Both	\$30.00	\$40.00

**TO SIGN UP:**

Visit our website

[www.haveaheartfoundation.com](http://www.haveaheartfoundation.com)

**FOR MORE INFO CALL:**

Vince Monardo	(718) 442-5200
Mike Hecht	(908) 400-9011
Ed Mandrik	(718) 761-0685

**I**n 1992, recognizing the need to help people who required monitored cardiac rehabilitation care following a heart attack, by-pass surgery, angioplasty or any other cardiac disorder, Have a Heart Foundation was founded.

The Have a Heart Foundation goals are to help with heart illness recovery in both adults and children who live on Staten Island. There is no salaried staff; just a dedicated corps of volunteers who keep operating costs to a minimum. Nearly every dollar raised is given directly to help fellow Staten Islanders with their recovery from heart and heart-related illnesses.

The Have a Heart Foundation, a not-for-profit, 501 C-3 charitable organization:

- ♥ Provides grants to assist struggling families of heart patients;
- ♥ Provides grants to off-set the cost of rehabilitative care;
- ♥ Donates medical and medical-related equipment to volunteer organizations and health care facilities that provide service for cardiac patients;
- ♥ Sends children with heart-related ailments to camp;
- ♥ Continues to raise funds to assist those living with a cardiac condition and their families.

**Registration Form**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Day Phone \_\_\_\_\_

Night Phone \_\_\_\_\_

Email \_\_\_\_\_

Male \_\_\_\_ Female \_\_\_\_ Child \_\_\_\_ Age \_\_\_\_

Shirt Size \_\_\_\_ S M L XL XXL \_\_\_\_\_

Check Amount \$ \_\_\_\_\_

**Credit Card Info:**

Name on Card \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Security Code \_\_\_\_\_

Entry In:	Cost	
	Before 10/14	After 10/14

Fun Mile \_\_\_\_ \$10.00 \$15.00

5K Race \_\_\_\_ \$20.00 \$25.00

Both \_\_\_\_ \$30.00 \$40.00

Total to be Charged \$ \_\_\_\_\_