

4th Annual
SPRINT FOR SPRINGFIELD SCHOOLS 5K RUNWALK 2014
 Springfield Education Foundation

Rain or Shine
Sunday
Sept. 28, 2014
 7:30am Check In & Event Day Registration
9am Race Start
9:45 Awards Ceremony
 Fun Run to follow



Springfield Education Foundation presents the 4th annual
SPRINT FOR SPRINGFIELD SCHOOLS 5K RUN/WALK & KIDS FUN RUN

Fee Schedule:	Pre-Entry	After 9/19/14
5K Run/Walk	\$25	\$30
USATF Members	\$22	\$27
Kids Fun Run (9 & under)	\$10	\$10

All Fees are Non-Refundable USATF Certification # NJ11542JHP

Race start:
 Jonathan Dayton High School Front Parking Lot
 139 Mountain Ave., Springfield

Timing and Scoring by Best Racing Systems
 Music Restroom Facilities Post Race Refreshments
 Official Race Photographer: Nuvision Action Image
 All participants receive unlimited downloads of race photos. (a \$60 value)
 All Fun Run participants will receive a prize and t-shirt.

T-shirts are guaranteed to the first 250 Race/Walk participants registered before Sept. 6

Prizes: awarded to the first place male & female runners & to the male & female participants finishing first, second & third place in the following age categories. Ages 10 - 19 yrs, 20 - 29 yrs, 30 - 39 yrs, 40 - 49 yrs, 50-59 yrs, 60-69 yrs, 70-79 yrs, 80+ yrs

For more information go to: www.springfieldeducationfoundation.com
 or email us at: email@springfieldeducationfoundation.com

I have a disability for which I am requesting an accommodation. (visit www.usatf.org/about/legal/policies/ADA.asp for forms and procedures)
 *All requests for accommodations must be received six weeks prior to the date of the race.

Make checks payable to SEF and mail to:
 SEF/5K Sprint for Springfield 970 Chimney Ridge Dr. Springfield, New Jersey 07081
 Online registration and additional information is available at compuscore.com and at springfieldeducationfoundation.com

FIRST NAME	▶				
LAST NAME	▶				
BIRTH DATE	AGE Race Day	SEX	<input type="checkbox"/> M	<input type="checkbox"/> F	
EVENT	<input type="checkbox"/> 5K RUN/WALK	SHIRT SIZE- CHOOSE ONE			
	<input type="checkbox"/> Kid's Fun Run 9 & under	AXS	AS	AM	AL
		YS	YM	YL	

STREET	▶		
CITY	STATE	ZIP	▶
PHONE	▶		
EMAIL	▶		
2014 USATF#	SEA Member		

Waiver/Release: I, individually and on behalf of my minor child(ren), hereby acknowledge & understand that participation in the Sprint for Springfield Schools 5K Run/Walk or Fun Run is a potentially dangerous activity. I recognize that I should not enter & participate unless I am medically able & properly trained. I agree to abide by the decision of any event official relative to my ability to safely complete the course. I assume all risks associated with my participation in the event for which I am entering, including but not limited to: falls; contact with other participants; effects of any adverse weather conditions, including but not limited to: heat, cold, ice & humidity; traffic & road conditions. All of the above risks being known & appreciated by me. Having read & fully understood this waiver, knowing these facts & in consideration of acceptance of this application, I for myself & anyone entitled to act on my behalf, waive & release, USA Track & Field, Inc. its employees, directors, assigns and USA Track & Field certified officials, Springfield Education Foundation Inc., Springfield Public School District, Township of Springfield, Union County, all sponsors, their representatives, agents, successors & volunteers from all claims or liabilities of any kind arising from my participation in this event even though that liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission from all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event or my likeness for any legitimate purpose.