

Non-Profit  
Organization  
U.S. POSTAGE  
PAID  
Hillsborough, NJ  
Permit No. 113

# VISIONS AND PATHWAYS 18th ANNUAL

## RUN FOR RUNAWAYS

**5K Run (USATF certified)  
2-Mile Poker Walk  
Food, Music, Raffles, and  
much more!**



Saturday, October 29, 2016  
Duke Island Park, Bridgewater, NJ

[RUNFORRUNAWAYS.COM](http://RUNFORRUNAWAYS.COM)



[Visionsandpathways.org](http://Visionsandpathways.org)



## DETAILS

### Location

Duke Island Park  
Old York Road, Bridgewater, NJ 08807

### Schedule

7:45 AM	Onsite Registration
8:45 AM	Walk Warm-up
9:00 AM	2-Mile Poker Walk
9:45 AM	Run Warm-up
10:00 AM	5K Run
10:15 AM	Picnic/Music/Entertainment
11:30 AM	Awards
12:00 PM	50/50 Raffle



### Registration

Register by mail using attached registration form or online at [runforrunaways.com](http://runforrunaways.com)

### Entry Fees

\$25.00 Pre-Registered Runners  
\$20.00 Pre-Registered USATF-NJ Runners  
\$12.00 Pre-Registered Walkers  
\$30.00 Runners After 10/28 /16 2pm  
\$15.00 Walkers After 10/28/16 2pm

### 5K Run

USATF certified. Course is a scenic loop along a flat, paved waterfront/wooded trails and roads within Duke Island Park. One water stop.

### 2-Mile Walk

Fitness walk on a course suitable for strollers and dogs.

### Awards

Top 3 overall male and female  
Top 3 male and female in each age group

### Age Groups

10-85+ (in 5-year groups)

### Amenities

Run for Runaways T-shirt (while supplies last)  
Live entertainment  
Barbecue  
Goodie bags

### Directions

For directions to Duke Island Park please visit [somersectcountyparks.org](http://somersectcountyparks.org) or call Adriana Gonzalez at 908-526-6605 Ext. 312.

Visions and Pathways  
49 Brahma Avenue  
P.O. Box 6871  
Bridgewater, NJ 08807-0871

## Help Promote the Race... Refer Friends and Earn Money! (Online Registrations Only)

### 2 Easy Steps (if you're registering for the event):

- Register online for the race at [runforrunaways.com](http://runforrunaways.com) and share your unique referral link when prompted to do so on the Thank You page.
- Keep track of your referral earnings by logging into to your Race Roster Participant Dashboard.

### 4 Easy Steps (if you're not registering for this event, but want to promote it):

- Login to your existing Race Roster account online. Don't have an account? Create a Race Roster account and choose "Promoter" as your account type.
- Add the races you would like to promote and "share" them via Facebook, Twitter, Google+ and/or email. You can log back in to re-share anytime!
- When someone clicks on your link and registers for the event, Race Roster will credit your account with the referral reward set (10% of the registration fee).
- Race Roster will send you a check every time your affiliate account reaches \$25 worth of referrals. Be sure that your account details are accurate.

Thanks in advance for helping us  
spread the word!



## Collect Contributions Online

Create your own fundraising page to promote your involvement in this year's *Run for Runaways*. Add a personal story and photos; track pledges and encourage family, friends and co-workers to make contributions by sending e-mails with a link to your personalized page on VisionsandPathways' *Run for Runaways* website. Visit [visionsandpathways.org](http://visionsandpathways.org) to set up your personal pledge web page today!

## How your pledges will help Visions and Pathways

When there's nowhere else to turn, Vision and Pathways gives homeless youth a home and hopeful future. Visions and Pathways operates eleven programs serving runaway, homeless, abused and neglected adolescents and their families.

Your pledge donations go directly into operating funds to provide:

- Food
- Shelter
- Counseling
- Independent-living skills workshops
- Education
- Health care
- HIV/AIDS prevention programs
- Substance abuse prevention programs
- Arts and recreational activities
- Street outreach

Runaways aren't bad kids; they are kids in a bad situation. They've been abused, neglected or abandoned. They come from every neighborhood - *including your neighborhood* - rich or poor, suburban, rural or urban. They represent every race and religion. They are not running to something, but *away* from something - away from abuse or family conflict.

## OFFICIAL ENTRY FORM - 18TH ANNUAL VISIONS AND PATHWAYS RUN FOR RUNAWAYS

Send checks payable to: **Visions and Pathways**  
**49 Brahma Avenue, P.O. Box 6871**  
**Bridgewater, NJ 08807-0871**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone (Day) \_\_\_\_\_

Register online at  
[runforrunaways.com](http://runforrunaways.com)

I cannot participate, but please accept my tax deductible donation of \$ \_\_\_\_\_

### Liability Waiver

I, intending to be legally bound, hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims I may have against Visions and Pathways, the County of Somerset, Best Racing Systems, all sponsors, and other persons or organizations connected with the above named event, and their respective agents, employees, officers, volunteers, representatives, successors, and assignees for any and all injuries that may be suffered by me in connection with this event. Further, I hereby certify that I am physically able to participate in this event and hereby grant the right to publish my name in the news media and use my likeness in any photographic record for the Run for Runaways.

Signature of Participant \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_ Date: \_\_\_\_\_

(if participant is under 18)

Questions? Contact: Adriana Gonzalez 908-526-6605 Ext. 312 or

[agonzalez@visionsandpathways.org](mailto:agonzalez@visionsandpathways.org) or visit us on [facebook.com/runforrunawaysevent](http://facebook.com/runforrunawaysevent)

### Registration Fee (circle one)

By 2pm 10/28 After 2pm or on-site

Runners:	\$25	\$30
USATF-NJ Runners:	\$20	\$25
Walkers:	\$12	\$15

### T-shirt Size:

Adult S L  
M XL  
L XXL

### Gender (circle one):

Male Female

Age (\_\_\_\_\_)

2016 USATF-NJ#: \_\_\_\_\_

Don't delay...  
Register now!



New Jersey  
Grand Prix Event  
500 Points