



The 2nd Annual
Michael Cassidy

SHAMROCK 'N' RUN

OFFICIAL ENTRY FORM

March 16, 2013
Rutherford, NJ

Start & Finish:

Start on Monona Ave. at Memorial Park
Finish on Tryon Field Track
Rain or Shine

Schedule of Events:

8:00 am - Check-in begins
10:00 am - 5K begins
11:00 am - Awards

Entry Fees:

Pre-registration - \$25 (pre-registration closes 3/9/13)
Day of race - \$30
USATF-NJ members - \$20

Registration By Mail:

Michael Cassidy Memorial Fund
P.O. Box 312
Wyckoff, NJ 07481

Questions:

Marilyn Cassidy 201-280-3748 or Elena Wise 201-481-9067

Amenities:

T-shirts and race packets while supplies last; post race refreshments and live music.

Race packets, t-shirts and run numbers may be picked up at Rutherford High School Friday, March 15, between 5 and 8 pm.

Awards:

- Top 3 overall male & female
- Top 3 male & female per age group in 5 year age groups, 14 & under through 80+
- 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-80

Course:

Scenic Rutherford neighborhood; sanctioned and certified by USATF-NJ (Certification # NJ 11511JHP)

Timing and Scoring by BEST Racing Systems.
Race results will be posted at www.BESTrace.com.



Proceeds to benefit

**National
Brain Tumor
Society**

ENTRY FORM (Make checks payable to: Michael Cassidy Memorial Fund)

Last Name: _____ First Name: _____

Street Address: _____

City: _____ State: _____ ZIP: _____

Phone: _____ Email: _____

Date of Birth: _____ Age: _____ Sex: M__ F__

Indicate T-Shirt Size: S__ M__ L__ XL__ USATF# _____

WAIVER OF LIABILITY: In consideration for the acceptance of my entry, I, on behalf of myself, my heir, executors, administrators, and assignees, hereby release myself and discharge the Borough of Rutherford, Rutherford First Aid Squad, and Rutherford Police Department, Michael Cassidy Memorial Fund, associated sponsors, volunteers, USA Track and Field and all other sponsors or beneficiaries and their representatives, successors and assignees for all claims for damages and causes of action arising from or out of my participation in The 2nd Annual Michael Cassidy SHAMROCK 'N' RUN 5K. I attest that I am physically fit for this event. I hereby certify that I have read all the terms and conditions of this release and intend to be legally bound thereby.

Signature: _____ Date: _____

Parent Signature: _____
(If under 18)