

# October BeerFest

## on October 31st - 5K & Ringshoes Tournament

*Something Like Horseshoes*

October 31, 2009 -11:00am  
Rahway Park, Rahway NJ



*"Here's to Me!"*

### **FEATURING**

**No Online Processing Fees**  
**"Here's to Me!" Shirt**  
**Clocks at Every Mile**  
**Beer & Hot Dogs**  
**Wheel Of Chance**

Presented by



Sports A/R  
546 E. Curtis Street  
Linden, NJ 07036

## 2009 October BeerFest 5k

FIRST NAME				
LAST NAME				
BIRTH DATE	A	G	S	
	E		X	
EVENT	<input type="checkbox"/> 5K Race			
	<input type="checkbox"/> Ringshoes Tournament			
Each Teammate For Ringshoes Must Register Separately Partner's Name _____				

Make Check Payable & Mail To: Sports A/R BeerFest  
546 E. Curtis St. Linden, NJ 07036

STREET							
CITY							
STATE					ZIP		
PHONE							
E-MAIL							
SHIRT SIZE	YM	YL	Small	Med	Large	XL	2X

In consideration of this entry being accepted I hereby for myself, heirs, executors and administrators waive and release any claims I may have against any and all Parties, Groups, Organizations, Volunteers, Sponsors, and (or) any Representatives involved in The October Beer Fest Events for any and all injuries suffered by me in this event. I certify that I am physically able to compete in this event. No Refunds if event is canceled because of conditions beyond our control.

SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_

SIGNATURE OF PARENT IF UNDER 18 \_\_\_\_\_

## Schedule of Events

9:30 am	Registration Begins
11:00 am	5k Road Race
11:30 am	Beer, Hot Dogs & Snacks
11:45 am	Awards Ceremony
Noon	Ringshoes Tournament



**PracticeHard.com**

NO PROCESSING FEE

### FEES

#### 5K Run Pre-Entry

\$22 With "Here's to Me!" Shirt

#### 5K Run Post-Entry

\$25 With Shirt  
While Supplies Last

#### 5K Run & Ringshoes Entry

\$30 With "Here's to Me!" Shirt

### AWARDS

5K RUN - TOP 3 OVERALL  
TOP 3 IN 5 YEAR AGE GROUPS  
(MALE & FEMALE)

### AGE GROUPS

5K RUN  
14 & Under, 15-18, 19-29, 30-34, 35-39,  
40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74,  
75-79, 80+ and the Bills' Awards

## Ringshoes Tournament

The tournament is setup to play with a partner. The game is played like a traditional game of horseshoes except that horseshoes aren't used. Instead a metal ring that weighs 2 ½ pounds is used. The ringshoe is thrown at a stake 2 inches high and 30 feet away for men and 25 feet for women. A ringshoe that is closest wins points. A ringer is 3 points, a leaner is 2 points and closest is 1 point. Player's Ringshoe that lands on top of an opponent's ringshoe is awarded the position of the bottom shoe and if closest wins a point. First team that reaches 11 points wins.

There are no age or gender groups.  
16 team limit

### RINGSHOES FEES

5k participants pay \$8 each  
Non-5k runners pay \$22 each with a Shirt and Beer  
(while supplies last)

### RINGSHOES AWARDS

Awards will be given to the top 3 teams.

### DIRECTIONS

#### Directions From Parkway

Get Off At Exit 136 (Northbound - At Exit Turn Right)  
(Southbound - At Exit Make Right Then Make U Turn At 1st Light)  
Go Straight Approx. ½ Mile. On Right Look For Sign For  
Rahway River Park. Make Right.  
Then Make 1st Left At Fork In Road.  
Go Straight Approx. ½ Mile To Stop Sign.  
Cross Street Into Main Park.  
Rahway River Park will be open for parking until 10:30 am.

**PracticeHard.com**

## Don't Miss The WESTFIELD 5 Mile TURKEY TROT

on November 28, 2009  
at Tamaques Park, Westfield, NJ

GO TO  
**WWW.PRACTICEHARD.COM**  
FOR INFORMATION

### CHECK OUT THESE RACES

October BeerFest 5k on 10/31/09  
Garden State Plaza 5k on 11/8/09  
Goodwill 5k Race Against Hunger on 11/14/09  
Morris Township 5k Turkey Trot on 11/26/09  
Westfield 5M Turkey Trot on 11/28/09

**ALL REGISTERED COMPETITORS THAT ARE DRINKING BEER**

**MUST SHOW PROOF OF AGE**

**PLEASE BRING ID**



### CONTACT



Ray or Tears Office 908-245-3000