

## Date & Location:

August 8, 2015, 9:30 a.m.  
Mercer County Park, East Picnic Area  
334 South Post Rd. Princeton Junction, N.J.

## Entry Fees: Non-refundable

Early Registration by 7/22 - \$20  
After 7/22 & Race Day - \$25 Fun Run - \$5  
Groups of four - 25% discount

## Online Registration:

Pre-register online only at:  
<https://register.bestrace.com/Register/?event=20533>

## Computer Timing:

Timing/results by BEST Racing Systems featuring B-Tag disposable chips for instant results on your smart phone. Results posted on [www.bestrace.com](http://www.bestrace.com).

**Course:** USATF certified/sanctioned, mostly flat course.

Water stops on course and at finish. The race will begin and end at the East Picnic Area.

## Schedule:

7:30 a.m. – Race Day Registration/Package Pickup  
9:30 a.m. – Race Start  
10:15 a.m. – Fun Run  
10:30 a.m. – Awards presented by national team rowers, followed by a meet and greet with select athletes.

## Awards:

1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> male/female in age categories 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69 and 70 & over. Team awards.

## Amenities:

T-shirts guaranteed to all registered runners as of 7.22  
Swag Bag  
Picnic area, playground and refreshment

## Packet Pick-Up:

7:30-9:30 a.m., race day at the pavilion,  
East Picnic Area, Mercer County Park

## Race Website:

[www.usrowing.org/Events/GoForGold5k.aspx](http://www.usrowing.org/Events/GoForGold5k.aspx)



# Go for the Gold 5K & Kids' Fun Run



Presented by USRowing

Saturday, August 8, 2015, 9:30 a.m.

Mercer County Park, N.J.

**Proceeds to benefit America Rows**

*Please join us for the fourth-annual  
Go for the Gold 5K and  
Kids Fun Run at beautiful  
Mercer County Park. After  
the race, meet members of  
the USRowing National  
Team.*



Women's 8 National Team-2012 Olympic Gold

**A great event for the whole family!  
Have your photo taken with national team  
rowers, as they get ready for the world  
championships in Aiguebelette, France.**

### GO FOR THE GOLD 5K & FUN RUN REGISTRATION FORM

NAME:

EMAIL:

STREET ADDRESS:

PHONE NUMBER:

CITY:

STATE:

ZIP CODE:

GENDER: MALE FEMALE

DOB:

T-SHIRT: SM MED LG XL

EVENT: 5K RUN KIDS RUN

Waiver: In consideration of the acceptance of this entry, I hereby waive and release any and all rights and claims for damages that I, or my heirs, may have against USRowing, its officials, race sponsors and volunteers. I certify that I have properly trained for this event and have been medically certified to be able to participate in this event.

SIGNATURE:

GUARDIAN SIGNATURE, IF UNDER 18:

For more information, email us at: [go4gold5K2015@gmail.com](mailto:go4gold5K2015@gmail.com)