



Bizzie Lizzie 5k



Mack-Cali Business Campus in Parsippany

(Start/Finish on Campus Drive)
USATF certified course #NJ08510JHP – Flat and Fast, Water on the Course

3FHJTUSBUJPO
,JBSU
,JBTIFT
,oCBST\$FSFNPO



This event is sponsored by...



Age on Race Day: _____ Date of Birth: _____ Male Female Shirt Size: S M L XL

Race: 5K (\$25) Kids Dashes – 10 yrs and under (\$15)

Last Name: _____ First Name: _____

Street: _____ City/State/Zip: _____

Phone: _____ Email: _____

2013 USATF-NJ#: _____

A A AA A A A A A A A A A

ÖA\A-, ~*æ"b, Aæ&A|àA] }&]b, A] **|&A { A '] i *æ* } 'i&A|A-~*A
] 'æ&EÖ|A { | ~*â&] 'i* { |A| àA- &A'æ& } ' |æ&A(àA, A') } b*æ' i* { |EAOEA
\, A&*] ~E&ç&æ! { |Eæ&æ~ { |A|àA~**^|~A { A&] &â, Aæ[* * |A|àA
à {] &c&] A* æ-] ^ &A&& { • |, A { SA]] * * EA { | ~* } A' àN] } ~ |, É
Ü { , A* wÜE&A •] &Ü | ' ; ~S { ~EA' ' | àÉ|E&c&|A } | ~ |] ~EA^&|; EA
c { | b | i &&] ~EA|àA&] ~ { | ~A| c { | b & àA|A&A } { \ { | * | ^A { àA- * A] æ&A
à] { \A' |, A' | àA' | wæ* ~ \ EAæ' • ~ & ^A { àA' æi* { |E&â\ ' | àEA] * ^- | ~EA
à \ ^ & ~EAæ' : | EA { ~A { àA' &] c* æ&EA&ç } &A' B' æ { \ } &| ~ ' i* { |A
~*æ- AÖA' , A&] & ' à | &] Aææ } • & A' àA' |A|à {] & ~ && | A' ^ & A|àA
æ { | ~ & | • & | æ& ^A' • b | ^A'] A { A& ~ • b& } { \A, A'] i *æ* } i* { |A|A&A
| O * çç * & A] * çç * & BÜA'A& & c& | A& àA Ü ' ; •] à ' , EA]] * bA | - AÖE1A' | A
N'] * * } |, E&PÉÖA' ~ { A* c&A, A&] \ * * * { | & A] B&A' àA, A' \ & A
| à- {] A' *æ; •] & A' | A' |, A& ~ } &] EA } { 'ææ ~ | EA& b&æ ~ | EA' (| P&] A
'ææ { • | A' àA* ~ & & | É

Signature: _____ Date: _____
(Parent or Guardian if under 18)