

# Morris County 5K RUN



Sponsored by:



**Sunday, October 13, 2013**

## Runner Registration

**Location:** Mack-Cali Business Campus, One Campus Drive, Parsippany, NJ 07054

**Schedule:** 8:00 am check-in/festivities, 9:15 am 5K Run Start, 10:20 am awards

**Amenities:** Race T-shirts, Race bibs (timing chips) and giveaways, Restrooms, Refreshments

**Awards:** Medals: Top Overall Male and Female, Top Male and Female in the following age groups:

1-15 yrs/20-24 yrs/25-29 yrs/30-34 yrs/35-39 yrs/40-44 yrs/45-49 yrs/50-54 yrs/55-59 yrs/60-64 yrs/  
65+ yrs

**Start/Finish:** One Campus Drive (western most entrance)

**Website:** [www.morriscountynjheartwalk.org](http://www.morriscountynjheartwalk.org)

**Fee:** \$35 Checks payable to: **American Heart Association** Credit Card: MC\_\_\_ VISA\_\_\_ AMEX\_\_\_

Card #: \_\_\_\_\_ Exp. Date \_\_\_\_\_

Signature: \_\_\_\_\_

**Mail Registration and Payment:** **American Heart Association**, One Union Street, Suite 301

Robbinsville, New Jersey 08691, ATTN: Morris County Heart Walk and 5K Run

**OR Fax (if paying by credit card):** (212) 850-5244

**Last Name:** \_\_\_\_\_ **First Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **E-mail Address:** \_\_\_\_\_

**Company Affiliation:** \_\_\_\_\_

**Age:** \_\_\_\_\_ **Sex:** Male \_\_\_\_\_ Female \_\_\_\_\_

**T-shirt Size (Adult Sizes):** Small \_\_\_\_\_ Medium \_\_\_\_\_ Large \_\_\_\_\_ X-Large \_\_\_\_\_

**WAIVER:** In consideration of this entry being accepted, I hereby for heirs, executors, administrators, and myself waive any claim that I may have against the American Heart Association, Morris County Police Department, Realogy, Mack-Cali or any other vendor or association connected with this event. I do hereby certify that I am in physical condition for this event.

**Signature** \_\_\_\_\_ **Parent Signature (under 18)** \_\_\_\_\_

For additional information contact: Karen Uricoli (973) 585-7686 or [Karen.uricoli@heart.org](mailto:Karen.uricoli@heart.org)