# SUNDAY, SEPTEMBER 18, 2016

## 9AM Registration, 10AM Race Start

#### **Location:**

Park Ridge Municipal Pool 120 Colony Avenue, Park Ridge, NJ

## **Entry Fees (Non-refundable)**

Adult Early Registration: \$19 (Register before August 15th)

Adult: \$25.00 • Day of event: \$35.00

Children ages 6-17: \$15.00 • Children 5 and younger: Free

## Registration online at http://bit.ly/PRR-HH5k

\*Runners/Walkers that pre-register will get a tee shirt.

## Packet Pick up:

September 15th and 16th at Park Ridge Animal Hospital at 94 Berthoud Street, Park Ridge, NJ 07656 between 9AM and 6PM or at 9AM at the event.

#### Course:

Certified and sanctioned 5k on beautiful somewhat hilly local roads with water station on course. Race will start on Colony Avenue and end in Pool parking lot. NJ13545JHP

#### Schedule:

9:00 AM Registration 10:00 AM Run Start

10:10 AM Walk Starts then Walk with Dogs

# Awards/Medals for 1st place Men/ Women in the following categories:

Under 14,15-18,19-29,30-39, 40-49, 50-59, 60-69, 70 and over.













Visit www.parkridgerotaryclub.org or www.halfwayhounds.org for more details.

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Name:					
Address:					
City:	State: Zip code: .				
Phone:	E	Email:			
Gender:   Male   Fe	emale V	Valking with Dog:	Yes	□ No	
Date of Birth					
T-shirt Size (Please Circle On	ne): Youth L Youth XL	Adult S Adult M	Adult L	Adult XL	
Team Name:					
Signature:					
Guardian signature if under 18					