



# Ogdensburg First Aid Squad

Thanks

To Our Supporting Businesses

THORLABS

CAILEY JEWELERS

EASTERN PROPANE

EXTREME ENERGY SOLUTIONS

VAN CLEEF ENGINEERING

BATHING BEAUTIES SHOWER DOORS

STERLING HILL MINE MUSEUM

OGDENSBURG EXEMPT ASSOC.

LAKELAND BANK

ANYTIME FITNESS OF FRANKLIN & JEFFERSON

SUSSEX BANK

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The Ogdensburg First Aid Squad has been serving the community of Ogdensburg for almost 50 years.

The Ogdensburg First Aid Squad also supports with mutual aid to Sparta Township and Franklin Borough.

The First Aid Squad supports many community activities beginning with the Chilly Chilly Run on New Year's Day, the Easter Egg Hunt, the Memorial Day Parade, the Halloween Parade, and Santa's holiday ride through the borough.



## Features:

- ✓ **Oldest Race in Sussex County**
- ✓ DJ & Great giveaways
- ✓ Trophies for Top Three finishers
- ✓ Awards for 10 year age groups
- ✓ Water and fruit at the finish
- ✓ Scoring by BEST Racing Systems
- ✓ Tee Shirts and goodie bags while supplies last
- ✓ Bib Chip Timing (NEW!!)
- ✓ Spray & 3 Water Stops
- ✓ Free Finisher Pictures
- ✓ Miner helmet fitting at 2 Miles

**MINER'S MILE** is open to children over seven (7) years of age or children running with an adult.

Race open to runners, walkers, strollers  
**USATF Certified course**

Rolling scenic course with views of the Walkkill River and the historic landmark, the **Sterling Zinc Mine**.



**A Major Race in a Miner Town**

*At 2 miles, event will pass thru the Sterling Hill Mine Museum! All participants may enjoy a two hour mine tour redeemed by July 7, 2016 with proof of bib number.*

**Saturday**

**June 18, 2016**

**8:30 AM Miner's Mile**

**9:00 AM OBURG 5K**

**MINESHAFT RUN**

**Ogdensburg School**

**Route 517 Main St**

**Ogdensburg, NJ 07439**

*All proceeds to benefit*

*The Ogdensburg First Aid Squad*



**USATF**  
NEW JERSEY

500 Point Event



North Jersey

**2016**

**Grand Prix**



All Proceeds to Benefit:



**SATURDAY, JUNE 18, 2016**

**8:30 a.m. Fun Run 9:00 a.m. 5K**  
Start at the Ogdensburg School, Main Street (Route 517)  
Registration Opens 7:00 AM

Runners/walkers/Fun Run participants welcome!  
TROPHIES FOR TOP 3 OVERALL MALE & FEMALE 5K PARTICIPANTS  
10 YEAR AGE GROUPS...OVER 60 MEDALS AND PRIZES 7yrs-80+

Race T-shirts for all participants while supplies last  
**NEW!! BIB CHIP Timing by BEST Racing Systems**  
Instant Results also posted at BestRace.com/Mobile

Download this form:  
[www.bestrace.com](http://www.bestrace.com)

**Fee Schedule**

\$25.00 Pre-Registration until June 12th  
\$30.00 Late Registration thru June 18<sup>th</sup> Race Day  
USATF-NJ 2016 Members save \$3 until June 11th

**FUN RUN**

**Fee \$5.00** (Race Day Registration only - must be at least 7 years old)  
Questions: Call (973) Andy Ball at 973-222-8748 Email: [AndyRan2832@yahoo.com](mailto:AndyRan2832@yahoo.com)  
Online Registrations found at [www.SterlingHill.org](http://www.SterlingHill.org)



Age on Race Day \_\_\_\_\_ Birth date: MM/DD/YYYY\_\_\_\_/\_\_\_\_/\_\_\_\_ Male \_Female \_Shirt size S M L XL XXL

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ BIB# \_\_\_\_\_

Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Occupation \_\_\_\_\_ Email \_\_\_\_\_

2016 USATF-NJ# \_\_\_\_\_ (Grand Prix Scoring only) Est. Finish Time \_\_\_\_\_

Team Name (Min 5. Co-ed) \_\_\_\_\_ Team Captain \_\_\_\_\_

In consideration of your acceptance in the OBURG 5K Run, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administration, waive and release any and all right and claims for damages, and hold harmless, any sponsoring organization (Sterling Hill Mining Museum, Ogdensburg FAS, Ogdensburg Firehouse, Ogdensburg Board of Education, Main Street Marketing & Events, Sussex County and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to OFAS/OBURG 5K Run to use photos that may include myself for promotion and publicity, and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Checks Payable to: OFAS**

Mail to: Andy Ball

Signature \_\_\_\_\_ Date \_\_\_\_\_

P.O. Box 863

Parent /Guardian for child under 18

**Sparta, NJ 07871**