5k Run / Community Walk Registration Run Bib # □ Walk ☐ I can't run/walk, but will donate \$ **Registrant Information** First Name Last Name Address State E-Mail Address Home Phone Cell Phone Gender Age T-Shirt Size M L XL XXL Team Name Kims Itims Team Captain ____ Cash/Check # Total Enclosed **USATF-NJ Members** 2013 USATF-NJ #_ Est. Finish Time (Grand Prix Scoring Only)

Waiver Information

In Consideration of your acceptance in the Newton Day Firehouse 5K, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization (Newton Fire Department, Town of Newton, Newton Cemetery Company, County of Sussex, active.com, Metro Race Forum, Main Street Marketing & Events, Best Racing Systems) and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to the Town of Newton or the Newton Fire Department to use photos that may include myself for promotion and publicity and grant permission to be contacted via e-mail for promotional purposes; and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature		
Signature	(Parent/Guardian if Under 18)	

New Members Wanted

Do you live in Newton? Are you interested in helping out your community? The Newton Fire Department is looking for new members (18 and older) and Junior Members (14-17 years old).

No experience necessary, we will train you! Contact us at 973-383-4746 for further information.



9/11 CAR SHOW

Join the Pocono Mountains Corvette Club for their annual 9/11 Car Show, 10:00 AM on August 18, 2013 at SCCC. The funds raised at this show support the Sussex County 9/11 Monument Fund and various other charities. Be sure to visit the Newton Fire Department's concession stand for some tasty treats!

Visit their website at

PoconoMountainsCorvetteClubInc.com
for more information





Race starts at 9:30 AM
Spring Street and Diller Avenue
(By Newton Moose Lodge)











Firehouse5K.com

An Event Like No Other...

- Fire Truck Sprays
- Bands
- USATF-NJ Sanctioned
- Win Over 60 Prizes
- Giveaways
- Strollers/dogs welcome
- Stay for the Newton Day Celebration!



2013 Minimum Donations

We ask that each participant make the following minimum donations or raise the following minimum pledge amounts to participate in the Firehouse 5K.

Registration \$30 (Until June 4, 2013)
Late Registration \$33 (June 5, 2013 or later)

USATF Athletes Save \$2 Until May 30,

Sanction information is available on our website at Firehouse5K.com



Like us on
Facebook and
watch for
valuable early
registration
discount
codes!!



500 Points

Register by May 20th to guarantee yours!

Win over 60 great prizes plus giveaways!





Plan to Stay for the Newton Day Festivities!

The Newton Day Festival begins at 12:00 noon on Spring Street, moves to Memory Park at 5:00 PM, and concludes with a fireworks finale. This is a fun filled day with a lot of free entertainment for families. DJ's on the street, karaoke contest, dog shows, vendors and lots of surprises. A local band will be performing and there will be food at both locations, so come make a day of it!

Pledge Form

Name	Amount	✓ Paid
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98		1
Total Pledges	\$	

Detach this form and return with your minimum fundraising requirement (per participant) postmarked by June 1, 2013 or register online at Firehouse5K.com. Attach additional sheets if needed.

Mail To: Newton Fire Department 56 Woodside Avenue Newton, NJ 07860

Please make checks payable to Newton Fire

Department with "Firehouse 5K" in the memo line.

Goodie bags and T-shirts while supplies last.

Remember - matching gifts can double your money!