



FIREHOUSE 5K

RUN/WALK

NEWTON DAY FESTIVAL

SATURDAY, JUNE 12, 2010

10:00 A.M.



ENJOY THE SPRAY/WATER STOPS

ACTIVITIES, PRIZES, VENDORS, FOOD, AWARDS & MORE!



TROPHIES/PRIZES FOR TOP 3 OVERALL MALE & FEMALE 5K PARTICIPANTS
OVER 60 MEDALS AND PRIZES! 5YRS. - 80+

5K Runners receive T-shirt & Great Goody Bag while supplies last

5K FEE: \$20 EARLY REGISTRATION (until May 15th)

\$23 REGISTRATION (through May June 10^h)

\$26 Night Before or RACE DAY REGISTRATION (June 11, 12th)

2010 USATF-NJ ATHLETES save \$2 only until June 1st

***Runners/Walkers: Plan to Stay and enjoy the activities**

Online registration, directions & course map go to: www.raceforum.org or call 973 222-8748

Timing by Best Racing Systems

Shirt size S M L XL XXL

BIB #



5K: Age on Race Day _____ Birth date ___/___/___ Male ___ Female ___

Last Name _____ First Name _____

Street _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

2010 USATF-NJ# _____ Grand Prix Scoring only Est. Finish Time _____

Occupation _____

Company/Business Name _____

Team _____ Team Captain _____

5K Run/Walk \$ _____

Paying Pasta Guests \$ _____

TOTAL Enclosed \$ _____

ENCLOSED PAYMENT: Cash _____ Check _____ Check # _____

In Consideration of your acceptance in the Newton Day Firehouse 5K, I, the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization (Newton Firehouse, Township of Newton, Sussex County, active.com, metro race forum, Andy Ball and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to the Township of Newton or the Newton Firehouse to use photos that may include myself for promotion and publicity; and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature _____ Date _____ Checks payable to:

Signature _____ Date _____

(Parent or guardian if under 18)

Info: Your email or Andy 973-222-8748