

Register Online:
www.raceforum.com/bethwalk



5K Walk / Run

Saturday, September 13, 2008

Newark Beth Israel Medical Center
Newark, NJ


9:00 am - 10:15 am: Registration


10:30 am - 12:00 pm: Walk/Run

12:00 - Health Fair

Kickoff and Awards

 T-shirt for the first 500 registrants.

 Bagels, fruit and water for all race participants.

 Other activities to include face painting, raffles, music and more.

 Health screenings and information at our health awareness tables.

Join us for a family adventure!

As part of our Annual Health Fair, come to Newark Beth Israel Medical Center and walk with your family and friends!

The course will begin at NBIMC and continue down Lyons Ave to Weequahic Park. The course continues through the park and back to The Beth. Walk with us and help show Newark how to stay active and healthy!

Hope And Health for the Community and its Children

SAINT BARNABAS
HEALTH CARE SYSTEM
Newark Beth Israel Medical Center

Children's Hospital
of New Jersey
at Newark Beth Israel Medical Center
Saint Barnabas Health Care System

The Beth Walks For Kids Registration Form*

Please complete one registration form for each participant online at www.raceforum.com/bethwalk or return form by mail to:
Newark Beth Israel Medical Center 201 Lyons Avenue, Newark, NJ 07112 Attn: Barbara Mintz, MS, RD
Pre-registration for all participants for entries postmarked prior to September 6th, 2008

First Name: _____ Last Name: _____ Gender: _____

Age on Race Day: _____ Address: _____

City: _____ State/Zip: _____ Email: _____ Phone: _____

Date of Birth: _____ T-shirt Size: _____ (Youth S, M, L and Adult S, M, L)

Entry Fee: \$10 for each participant 13 and over. Kids 12 and under walk/run FREE!!! Make Checks Payable to: NBIMC Foundation

*Each participant does hereby release, give up and discharge Newark Beth Israel Medical Center and its affiliates, employees, contractors, officers, trustees, and agents from and against any and all claims damages, liabilities, costs and expenses related to the event described herein, including, without limitation, any personal injury, illness or damage to property.