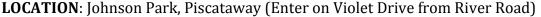
Elijah's Promise 8th Annual Race Against Hunger & Chili Cook-Off! 5K Run &

1-Mile Family Fun Walk

Saturday, November 12, 2016

~Rain or Shine~

Proceeds will raise funds for meals at the Community Soup Kitchen this winter.



TIME: 9am to 10am Check- in & Entertainment

10am to 11:30 am 5K Run, 1-Mile Family Fun Walk, Chili Cook-Off, Awards, DJ and Entertainment

COST: Adult Run/Walk Pre-Registration-\$30 (Includes t-shirt) Ages 15 and older

Youth Run/Walk Pre-Registration- \$15 (Includes t-shirt) Ages 8-14 Kids Walk **Only** - FREE (Does not include t-shift) Ages 7 and under

Registration After November 1st - Adult-\$35 / Youth-\$20 / Kids Walk Free

PRIZES: For Our Top Runners and Fundraisers! Timing by Bestrace.com

Register or donate online at

www.elijahspromise.org or complete the form below and mail with your registration fee to: Elijah's Promise, 211 Livingston Ave., New Brunswick, NJ 08901 Questions? Email michelle.wilson@elijahspromise.org or (732) 545-9002 ext. 126

Circle One: 5K Timed Race	e OR Family Fun Walk	(5K Runners must be 8 years of age and o	ver to parti
Please Circle: Male Fen Last Name:	nale	T-Shirt Size - Circle C	_
Street Address:		Adult: Small Medium Large XL XXX Youth: Small Medium	
City:		State: Zi	p Code:
Phone #:	Email:	Race Day Age:	

I know that running is potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I assume all risks associated with running in this race including but not limited to falls, contact with other participants, the effects of weather, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, I, for myself and anyone entitled to act on my behalf, waive and release Elijah's Promise, the city of Piscataway, NJ, Best Racing Systems and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I also give permission for the use, without fee, of my name and picture in any broadcast, telecast or print media account of this event for publicity and promotional purposes.

Parental consent is required for those under 18 years of age.		
Signature:	Date:	

Parent or Guardian Signature: _____ Date: _____