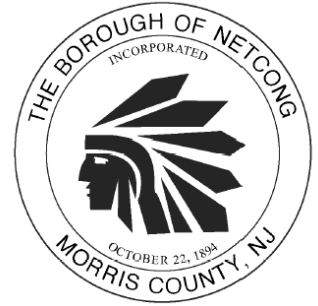




# Netcong Day 5K

To Benefit: Netcong Day 2011



**Sunday, September 11, 2011**

**10:00 a.m.**

**Registration, check in, start and finish at  
Netcong Borough Hall  
23 Maple Avenue, Netcong, New Jersey**

**Individuals Runners, Teams and Walkers Welcome!**

TROPHIES: TOP 3 MALE & FEMALE 5K PARTICIPANTS  
(15) 5 YEAR AGE GROUPS 7yrs-70+, & TEAM AWARDS  
OVER 90 MEDALS AND PRIZES

5K Participants receive t-shirt and goodie bags  
while supplies last. Timing by Best Racing Systems

**5K Registration Fee**

- \$20.00 Early Registration (until August 14<sup>th</sup>)
- \$25.00 Regular Registration (through September 10<sup>th</sup>)
- \$28.00 Race Day Registration (September 11<sup>th</sup>)
- \$2.00 Registration Discount for USATF-NJ Members by Sept. 4<sup>th</sup>



For information: call 973-347-7307 Ext.145  
Online Registrations visit [www.RaceForum.com/netcong5k](http://www.RaceForum.com/netcong5k)

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Age on Race Day \_\_\_\_\_ Birth date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male \_\_\_\_ Female \_\_\_\_ Shirt size S M L XL XXL

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
Street \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone \_\_\_\_\_ E-mail \_\_\_\_\_

2011 USATF-NJ# \_\_\_\_\_ Grand Prix Scoring only -Est. Finish Time \_\_\_\_\_

5K Runner/Walker \$ \_\_\_\_\_ Corp Coed Team Open Coed Team

Team Name \_\_\_\_\_ Teams are a minimum of 5  
runners and **ALL** team members must submit an individual application at the same time

Enclosed Payment: Cash \_\_\_\_\_ Check \_\_\_\_\_ Check # \_\_\_\_\_ **Bib#** \_\_\_\_\_

In consideration of your acceptance in the Netcong Day 5K Run, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administration, waive and release any and all right and claims for damages, and hold harmless, any sponsoring organization (Borough of Netcong, Netcong Firehouse, Netcong Board of Education, Main Street Marketing & Events, Morris County, active.com, and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to The Borough of Netcong/Netcong Day 5K Run to use photos that may include myself for promotion and publicity, and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature \_\_\_\_\_ Date \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent /Guardian for child under 18

Checks payable to: **Borough of Netcong**  
Mail to: **Scott Del Vecchio, c/o Netcong Borough, 23 Maple Avenue, Netcong, NJ 07857**