



Netcong Day 5K

To Benefit: Netcong Day 2010



Sunday, September 13, 2009
10:30 a.m.

Registration, check in, start and finish at Netcong Borough Hall
23 Maple Avenue, Netcong, New Jersey

Individuals Runners, Teams and Walkers Welcome!

TROPHIES FOR TOP 3 MALE & FEMALE 5K PARTICIPANTS
(15) 5 YEAR AGE GROUPS 7yrs-70+, & TEAM AWARDS
OVER 90 MEDALS AND PRIZES
5K Participants receive t-shirt and goodie bags while supplies last.
Timing by Best Racing Systems

5K Registration Fee

- \$15.00 Early Registration (until August 14th)
- \$18.00 Regular Registration (through September 4th)
- \$25.00 Race Day Registration (September 13th)
- \$2.00 Registration Discount for USATF-NJ Members



Andy Ball
973-222-8748



For information: call 973-347-7307 Ext.145 // Online Registrations visit **www.Active.com**

Age on Race Day _____ Birth date: ____/____/____ Male ___ Female ___ Shirt size S M L XL XXL

Last Name _____ First Name _____

Street _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

2009 USATF-NJ# _____ Grand Prix Scoring only -Est. Finish Time _____

5K Runner/Walker \$ _____ Corp Coed Team Open Coed Team

Team Name _____ Teams must consist of a minimum of 5 runners and **ALL** team members must submit an individual application at the same time

Enclosed Payment: Cash _____ Check _____ Check # _____ **Bib#** _____

In consideration of your acceptance in the Netcong Day 5K Run, I, the undersigned, intending to be legally bound, for myself, my heirs, executors and administration, waive and release any and all right and claims for damages, and hold harmless, any sponsoring organization (Borough of Netcong, Netcong Firehouse, Netcong Board of Education, Andy Ball, Morris County, active.com, and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to The Borough of Netcong/Netcong Day 5K Run to use photos that may include myself for promotion and publicity, and understand that if the Run cannot be held due to an act of God or circumstances beyond control, the Race is not liable to refund any money paid by me to participate. With my signature, I acknowledge that I have read and accept these terms under which my entry is made.

Signature _____ Date _____ Signature _____ Date _____

Parent /Guardian for child under 18

Checks payable to: **Borough of Netcong**

Mail to: **Scott Del Vecchio, c/o Netcong Borough, 23 Maple Avenue, Netcong, NJ 07857**