NEPTUNE CITY DAY

RUN 5K WALK

Sponsored by:

August 6th 2011

Race begins 8:00 a.m.- Registration Booths open at 6:30 a.m. at the Neptune City First Aid Building
97 W Sylvania Avenue, Neptune City

In Cooperation with the Jersey Shore Running Club WWW.JSRC.ORG

Prizes To Top 3 Overall M & F Finishers

TROPHIES TO 1ST, 2ND, & 3RD PLACE AGE GROUP WINNERS, M & F

AGE GROUPS: 12 & under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & over
TROPHIES FOR NEPTUNE CITY RESIDENTS TOP 3 M & F
NO DUPLICATE PRIZES

A FULL DAY OF ACTIVITIES IS PLANNED BEGINNING IMMEDIATELY
AFTER THE 5K RUN/WALK AND WILL CONCLUDE WITH A
SPECTACULAR FIRE WORKS DISPLAY AT 9:00 PM

REGISTRATION $ 20.00
WITH PROOF OF RETRO FITNESS MEMBERSHIP $ 18.00

*TOP QUALITY T-SHIRTS TO ALL PRE REGISTRANTS
WHILE THEY LAST FOR POST REGISTRANTS

**Shirt pick up & late registration 5- 8 PM., August 3rd, at The Neptune City Community Center
116 Third Avenue, Neptune City**

Make checks payable to: Neptune City Day 5K

Mail all entries to:
Neptune City Day, 5K RUN / WALK, 106 W. SYLVANIA AVE, NEPTUNE CITY, N. J. 07753
Register on line at www.jersey runner.com or www.raceforum.com/neptunecityday

Name_____**Age**___Male___Female___
Address_____City_____State_____Zip_____
Phone(____) _____
Neptune City Resident-yes_____ no_____ E Mail Address _____

I hereby for myself, my heirs, executors, administrators, do waive and release any and all rights and claims for damages of any nature which I might have against any organization, municipality, or any individual associated with this event and agree to hold harmless from any claim such parties. I have been advised that I must be in good health to participate in this event. I also give my permission without fee, for use of my name and or picture in any broadcast, telecast or print media account of this event. Further I acknowledge that I have read and fully understand the conditions under which this entry is made and accept them.

SIGNATURE_____DATE_____
(if you are under 18 years of age this form must be signed by a parent or guardian)
**** THESE FORMS MAY BE REPRODUCED***FOR MORE INFO CALL (732) 774-0089 ****