

THANKS TO OUR GENEROUS SPONSORS



FARMERS



MORRISTOWN, NJ



THE ST. PATTY'S DAY 5K IS A PROUD SPONSOR OF



Morristown Running Company  
 31 South Street  
 Morristown, NJ  
 07960

**NEW Running Company Race for 2012 - PRINCETON 5K**  
 Sunday, March 18th 2012 at 9:00AM at Princeton High School

Register at [www.runsignup.com](http://www.runsignup.com) or at  
 The Princeton Running Company  
 108 Nassau Street, Princeton, NJ

Benefiting Princeton High School Track & Field Program



SATURDAY, MARCH 10th 2012  
 at 10:00AM

*Benefiting The Running Company Charitable Foundation which supports Family Services of Morris County, the Police Unity Tour, Girls on the Run and various local charities*

- Course: USATF certified 5k that starts and finishes at Ginty Field. Mostly flat, with one hill in the middle.
- Technical shirts to first 1,500 registrants!!!
- Prizes to top overall finishers and first three in each 10 year age group.
- Random drawing for great merchandise prizes and gift certificates.
- 500 Point USATF NJ Race.
- Great post-race refreshments.



new balance  
 GRAND PRIX  
 500 points



## Why donate to Family Service of Morris County?

Your contribution to Family Service can make a profound difference for a child, single parent, family, senior or any one of the 6,000 people that Family Service helps each year!

### FSMC changes lives one piece at a time by:

- Giving children the best start in life with programs for social and emotional health, parenting, early childhood education, grief support, and family support and resources.
- Keeping older adults independent and in their homes with social day centers, caregiver support groups, referral programs for services, and programs to help manage finances.
- Maintaining healthy families by helping them with everyday challenges of stress, anxiety, parenting concerns, marital issues, etc. and supporting them through other challenges, including programs for Military families.
- Providing education and intervention to adults, teens and adolescents around substance abuse issues.



In consideration of acceptance of this entry, I the undersigned intending to be legally bound, do hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against, the race director and officials, the Town of Morristown, their representatives, any and all race sponsors and supporters, volunteers, their agents, successors and assigns, for any and all injuries suffered by me in said event. I assume all risks with entering this event, including but not limited to falls, contact with other participants, effects of weather, including high heat and humidity, extreme cold or wind, traffic and the condition of the road. All such risks being known and appreciated by me. I attest and verify that I am physically fit and sufficiently trained for the completion of this event. Further, I hereby grant full permission to any and all the foregoing to use my photographs, videotapes, motion pictures, recordings, or any other record of this event for any legitimate purposes without compensation or remuneration. I know that bicycles, in-line skates and skateboards are not allowed on the course.

**MAIL WITH CHECK to The Morristown Running Company, 31 South St. Morristown, NJ 07960 (make check payable to The Running Company Charitable Foundation)**

LAST: \_\_\_\_\_ FIRST: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ SEX: M  F

DOB: \_\_\_\_\_ AGE ON RACE DAY: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

T-SHIRT: S  M  L  XL  USATF NJ#: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ *(Parent or Guardian must sign if under 18)*

**5K Entry Fees:** \$25 by March 3rd 2012 - \$35 March 4th through race day.

**Online Registration:** <https://runsignup.com/Race/NJ/Morristown/StPatricksDay5K>

**\*\* Please consider adding \$5 to your entry fee. It will be donated to Family Services of Morris County\*\***

**Note:** If you miss the March 3rd deadline you can still register for \$25 at the Morristown Running Co. from March 4th-9th.

**\*USATFNJ Members receive a \$2 discount!**

Sorry, no refunds or substitutions.

**Rain or Shine!**

## PACKET PICKUP

is at the Morristown Running Company  
31 South St. from March 6th – 9th

## DIRECTIONS

### MORRISTOWN RUNNING CO. (PACKET PICKUP)

If coming from North, take route 287 to exit 35. Follow exit ramp to the right and then turn right onto South St. Proceed about 1 mile and The Morristown Running Company will be on your left just before the town Green.

### RACE SITE (GINTY FIELD)

If coming from North, take route 287 to exit 35. Follow exit ramp to the right onto Madison Ave. and make a quick left at the light onto South Street. Proceed about 0.5 miles and then a left onto Woodland Avenue. Race site will be on the right.

### NOTICE, IF USING GPS

Ginty Field address is:  
49 Woodland Ave, Morristown, NJ

## FOR MORE INFORMATION

**CALL THE MORRISTOWN RUNNING CO.  
(973) 401-1300**



EXPIRES 04/15/2012



Bring in this coupon and receive  
**15% OFF**  
at The Morristown Running Co.

Visit us at [www.therunningcompany.net](http://www.therunningcompany.net)