MONTVALE PBA 1ST ANNUAL 5K RUN

OFFICIAL ENTRY FORM

November 2, 2013
Montvale, NJ

Date: Saturday, November 2, 2013 (Rain or Shine) **Location:** Start and Finish on Memorial Drive

Race Day Schedule:
7:30am – Check-In begins
9:00am – 5k Run begins
9:10am – 1 Mile Walk begins
Awards Ceremony to immediately follow completion of 5k Run

All Proceeds to Benefit
Montvale Recreation

Entry Fees: Pre-registration – 5k - $25 (pre-registration closes 11/01/13 at 8:00pm)
Race Day Entry - $30
1 Mile Walk Adults - $15 (pre-registration or day of) Children are Free

Registration By Mail (must be received by 11/01/13): Montvale PBA 303
P.O. Box 274
Montvale, NJ 07645
Attn: 5k Run

Registration Online: **www.bestrace.com** (Credit Cards accepted)

Race Packet Pickup: Race Packets and T-Shirts can be picked up on Friday, November 1, 2013 at the Community/Senior Center (1 Memorial Drive, Montvale NJ, 07645), between the hours of 5:00pm – 8:00pm. This will also be the last opportunity to pre-register. Race Packets and T-Shirts can be picked up on race day upon check-in as well.

Awards: Top 3 overall 5k Run males ; Top 3 overall 5k Run females;
Top 5k Run male and Top 5k Run female in each age group: 10-19, 20-29, 30-39, 40-49, 50-59, 60+

Course is sanctioned and certified by USATF-NJ (Certification # NJ13549JHP)
***Timing and Scoring by BEST Racing Systems. Race results will be posted at www.bestrace.com**

Questions: Montvale5k@gmail.com

ENTRY FORM (Checks can be made payable to: "Montvale PBA Annual 5k Run"

Check One: ☐ **5k Run** ☐ **1 mile Walk** **T-Shirt Size:** S_____ M_____ L_____ XL_____

Last Name:_____ **First Name:**_____

Street Address:_____

City:_____ **State:**_____ **ZIP Code:**_____

Phone: (_____)_____ **Email:**_____

Date of Birth:_____ **Age on Race Day:**_____ **Sex:** M_____ F_____

WAIVER OF LIABILITY: *By signing below, I agree to release and hold harmless the Montvale PBA 303, Montvale Recreation, the Borough of Montvale, it's officers, sponsors, agents, successors, and all persons or entities involved in the promotion or staging of the Montvale PBA 1st Annual 5k Run. I also give my permission for the use, without fee, of my name and picture in any broadcast, telecast, or print media account of this event for publicity and promotional purposes. I attest and verify that I am physically fit for this event. Parental Consent is required for those under 18 years of age.*

Signature:_____ **Date:**_____

Parent or Guardian Signature (if under 18):_____ **Date:**_____