5K ROAD RACE and 1 MILE FUN RUN

T-shirts and goody bags guaranteed for all 5 K runners registered before June 14, 2014.

USATF Certified Course timed with chips

Medals for all 1 Mile Fun Run Participants under 14

THANK YOU TO OUR



ALL DIGITAL TIMING DONE BY

BestRace

*MANDATORY *

5K Runners Only Pre-Registration Packet Pick-up The Shoppes at North Brunswick

Roadrunner Sports 501 Shoppes Blvd - No. Brunswick,

NJ

July 3, 2014 – 3nm – 8nm

STAY IN MILLTOWN AFTER THE RACE!! enioy the annital 4th of 1111.y parade

Annual Milltown Firecracker

5K Road Race and 1Mile Fun Run



Sponsored by **Knights of Columbus Council #7250**

Independence Day 5K Road Race One Mile Fun Run

July 4, 2014 Milltown Borough Park



25th Annual Milltown Firecracker

Friday, July 4, 2014

One-Mile Fun Run starts promptly at 7:45 am 5K Run starts promptly at 8:10 am

COURSE IS USATF CERTIFIED

Race will be a chip-timed race - results posted online day of the race

BOTH EVENTS WILL BE HELD RAIN OR SHINE

ONLINE REGISTRATION:

WWW BESTRACE COM

ONLINE REGISTRATION ENCOURAGED Pre- Registration – Prior to June 14, 2014

5K Race \$25.00

T-Shirt guaranteed

1 MILE FUN RUN - \$7.00

SORRY NO T-SHIRTS FOR THE FUN RUN MEDALS FOR ALL UNDER 14

<u>LATE REGISTRATION – After June 14,</u> <u>2014</u>

5K Race \$ 30.00

T-Shirt not guaranteed

1 MILE FUN RUN \$ 10.00

SORRY NO T-SHIRTS FOR THE FUN RUN
MEDALS FOR ALL FUN RUNNERS UNDER 14

CHECKS PAYABLE TO: KNIGHTS OF COLUMBUS

KNIGHTS OF COLUMBUS C/O: JOE WALSH 9 STARKIN RD. MILLTOWN, NEW JERSEY 08850

AWARDS FOR TOP THREE FINISHERS IN EACH AGE

GROUP MALE AND FEMALE
MAXIMUM ONE AWARD PER RUNNER
PRIZES FOR MILLTOWN RESIDENTS AND OVERALL
DIRECTIONS

From NJ Turnpike

Take Exit 9

Route 18 North to Route 1 South
Milltown / Ryders Lane Exit
Right at Second Light (Washington Ave.)
Left to JFK Dr. Left on Violet Terr. – Borough Park on Left

From Rt. 1 or Rt. 130

Take Route 1 North
1st Milltown Exit (Milltown Road)
After second light, 2nd left Violet Terrace
1 ½ blocks – Borough Park on left

From Parkway North / South

Take Exit 130 Route 1 South

Milltown / Ryders Lane Exit

Right at Second Light (Washington Ave.) Left to JFK Drive – Borough Park on Left

NEED MORE INFORMATION?

QUESTIONS OR REQUESTS FOR APPLICATIONS EMAIL: AA961JESTER@YAHOO.COM

RACE #
ENTRY FORM MAY BE COPIED ONE PER PERSON PRINT LEGIBLY ALL FIELDS MUST BE COMPLETED
NAME:
EMAIL:
PH:
ST:
CITY: ST:
ZIP CODE:
AGE: M: F:
5K ONE-MILE RUN
T-SHIRT SIZE (5K ONLY)
SM M L XL XXL

READ AND SIGN

In considering this entry being accepted, I hereby waive and release all claims for myself, heirs, executors and administrators against the Borough of Milltown, Knights of Columbus, Milltown 4th of July Committee and its members, race sponsors, or any other member of the race committee or their representatives