

## ONE-MILE FUN RUN

MEDALS for all participants under  
14 yrs. old  
DIGITAL CLOCK FINISH

## 5K ROAD RACE

Digital clocks  
Halfway & Finish Points  
T-SHIRTS FOR  
PRE-REGISTERED RUNNERS  
(Late Registration T-Shirts while supplies last)

ALL DIGITAL TIMING DONE BY  
**BestRace**

GOODIE BAGS WHILE SUPPLIES LAST

THANK YOU TO OUR SPONSORS

**RE/MAX**  
**COUNTRY**  
THE CAL TEAM  
[www.thecalteam.com](http://www.thecalteam.com)

  
**ROADRUNNER SPORTS**  
Your Perfect Fit. Guaranteed.

### MANDATORY

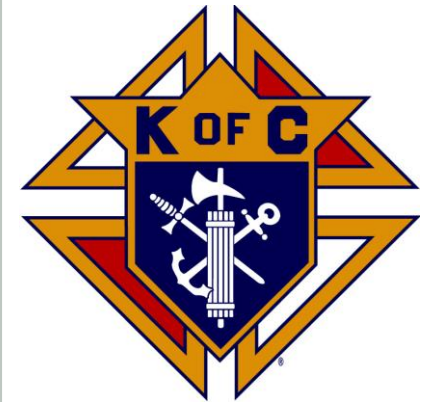
Pre-Registration Packet Pick-up  
July 3, 2013 - 3pm - 8pm

501 Shoppes Blvd - No. Brunswick, NJ

34<sup>th</sup> Annual Milltown Firecracker  
5K Road Race & One Mile Fun Run  
9 Starkin Rd.  
Milltown New Jersey 08850

STAY IN MILLTOWN POST RACE !!!  
ENJOY THE ANNUAL 4<sup>TH</sup> OF JULY PARADE  
BOROUGH CELEBRATION  
FIREWORKS

# Annual Milltown Firecracker



Sponsored by  
Knights of Columbus  
Council #7250

Independence Day  
5K Road Race  
One Mile Fun Run

July 4, 2013  
Milltown Borough Park



# 34<sup>th</sup> Annual Milltown Firecracker

Wednesday July 4, 2013

One-Mile Fun Run – 7:45 am / 5K Run – 8:10 am

The course will be run through varied streets in Milltown

**COURSE IS USATF CERTIFIED**

Race will be a chip-timed race - results posted online day of the race

**BOTH EVENTS WILL BE HELD RAIN OR SHINE**

**ONLINE REGISTRATION AVAILABLE AT: [WWW.BESTTRACE.COM](http://WWW.BESTTRACE.COM)**

**RACE # \_\_\_\_\_**

ENTRY FORM MAY BE COPIED  
ONE PER PERSON

NAME: \_\_\_\_\_

EMAIL: \_\_\_\_\_

PH: \_\_\_\_\_

ST: \_\_\_\_\_

CITY; \_\_\_\_\_ ST: \_\_\_\_

AGE: \_\_\_\_\_ M: \_\_\_\_\_ F: \_\_\_\_\_

5K \_\_\_\_\_ ONE-MILE RUN \_\_\_\_\_

T-SHIRT SIZE (5K ONLY)

SM M L XL XXL

READ AND SIGN

In considering this entry being accepted, I hereby waive and release all claims for myself, heirs, executors and administrators against the Borough of Milltown, Knights of Columbus, Milltown 4<sup>th</sup> of July Committee and its members, race sponsors, or any other member of the race committee or their representatives, successors, or assignees any injuries or damage that may be suffered by me in this event. I give permission for the use of my name and or picture in any newspapers, broadcast, telecast or any other account of this event. I attest and verify that I am physically fit and have trained sufficiently for this race.

SIGNATURE \_\_\_\_\_

PARENTS MUST SIGN IF RUNNER IS  
UNDER 18 YRS OF AGE

ANY UNSIGNED FORMS WILL BE RETURNED

**ONLINE REGISTRATION ENCOURAGED**

**5K PRE-REGISTRATION - \$ 25.00**

(Paid registration prior to June 18, 2012)

**T-SHIRT INCLUDED**

**5K POST REGISTRATION - \$ 30.00**

(Paid registration after June 18, 2012)

T-SHIRT NOT GUARANTEED

**FUN RUN PRE-REGISTRATION - \$ 7.00**

(Paid registration prior to June 18, 2012)

**FUN-RUN POST REGISTRATION - \$ 10.00**

(Paid registration after June 18, 2012)

**SORRY NO T-SHIRTS FOR THE FUN RUN**

**CHECKS PAYABLE TO: KNIGHTS OF COLUMBUS**

**KNIGHTS OF COLUMBUS**

**C/O: JOE WALSH**

**9 STARKIN RD.**

**MILLTOWN, NEW JERSEY 08850**

**AWARDS FOR TOP THREE FINISHERS IN EACH AGE GROUP**

**MALE AND FEMALE**

**MAXIMUM ONE PER RUNNER**

**PRIZES FOR MILLTOWN RESIDENTS AND OVERALL**

## DIRECTIONS

*From NJ Turnpike*

Take Exit 9

Route 18 North to Route 1 South

Milltown / Ryders Lane Exit

Right at Second Light (Washington Ave.)

Left to JFK Drive – Borough Park on Left

*From Rt. 1 or Rt. 130*

Take Route 1 North

1<sup>st</sup> Milltown Exit (Milltown Road)

After second light, 2<sup>nd</sup> left Violet Terrace

1 ½ blocks – Borough Park on left

*From Parkway North / South*

Take Exit 130

Route 1 South

Milltown / Ryders Lane Exit

Right at Second Light (Washington Ave.)

Left to JFK Drive – Borough Park on Left

## NEED MORE INFORMATION?

QUESTIONS OR REQUESTS FOR APPLICATIONS

EMAIL: [AA961JESTER@YAHOO.COM](mailto:AA961JESTER@YAHOO.COM)

**PHONE CALLS WILL NOT BE RETURNED**