



The Ryan Andrew Kaiser Memorial Foundation
 In association with
 The Jersey Shore Running Club

8th Annual
 Rain or Shine

5K Race and 1 Mile Fun Run

REGISTRATION

Mail-in form below

~ or ~

Race day

~ or ~

Friday Night Pre Race
 Party 6-8 P.M.

WHEN: Saturday June 25, 2011

WHERE: Mountain Hill School – Middletown, NJ

START: 9:00 AM Sharp-Kids Race to Follow: 7 & Under

FEES: 5K & 1Mile Fun Run: \$20 before June 1, 2011. \$25 after and on race day
 Kids Race: \$15 - 7 & under

T-SHIRTS: Guaranteed if registered before June 1st. While supplies last on race day

AWARDS: -Top male & female Finishers in each age group(electronically times results)
 -\$100 cash prizes for top overall male & female
 -Medals for ALL kids 7 and under!

The Monmouth Journal



DIRECTIONS From South:

GSP to Exit 114. Make a Right at the light immediately following the exit ramp onto Red Hill Road. Veer to the right at the next light, and then make a quick left to continue on Red Hill Road. Continue on Red Hill Road and make a right onto Bamm Hollow. Take Bamm Hollow approximately 5 miles (when you cross over Rt. 35 the road changes to Chapel Hill Road.) Take Chapel Hill Rd. to end and make right onto Kings Highway East. Mountain Hill School on right in approximately 7/10 of a mile.

Address: 724 Kings Hwy East, Atlantic Highlands, NJ 07716

DIRECTIONS From North:

GSP to Exit 114 make a left after toll. Follow signs to Red Hill Road. Go 1 mile to Bamm Hollow Road and make a right. Follow this road approximately 5 Miles (When you cross Route 35 the name changes to Chapel Hill Road). Take Chapel Hill Rd. to end and make a right. Mountain Hill School is on the right in approximately 7/10 of a mile. Address is 724 Kings Highway East, Atlantic Highlands, NJ 07716.

Parking: Oldwick Ct., Roebling Ct., Constitution Ave. and Sara Lane.

Make Check Payable to: RAKMF
 Mail to: S. Beck
 15 Rolling Knolls Dr.
 Middletown, NJ 07748

MAIL- IN REGISTRATION FORM
Separate applications required for each runner
 No Refunds| The RAKMF is a 501 c-3 charitable organization

Please consider an additional charitable donation or
Family Sponsorship to the RAKMF
 Family Sponsorships: \$300 including race registration fees & listing in race brochure. Cut off for listing in brochure June 15, 2011

First Name:	Last Name:	Age:	Gender Circle One: M F	
Street Address:		City:	State:	Zip:
Email:	T-Shirt Circle One : Adult sizes: S M L XL XXL Kids sizes: M L		Event Circle One: 5K - 1 Mile Fun Run - Kids Race (Under 7)	

I know that running or walking in a road race can be a hazardous activity. I assume all risks associated with participation in Ryan's Run, and hold harmless the Foundation, race directors, Mountain Hill School and all involved from any and all liabilities from participating in this event. My signature here relinquishes my rights to any of my or my families' rights or claims for damages.

Signature: (Parent or guardian if runner is under 18 years of age)