



FORCE TIGER TRACKS 5K

RACE FOR EDUCATION

Focusing Our Resources for Children's Enrichment. This fundraiser benefits Long Hill Township Schools through enrichment grants, books, technology/training for teachers, after school programs in the arts, math, science and other activities.

**Babysitting Available
Kid Sprints at 9:30!**

MAIL-IN REGISTRATION FORM
5th Annual F.O.R.C.E. Tiger Tracks 5K Race For Education
When: **Saturday, October 5, 2013 8:30am**, check-in time 7:30am
Where: **Central School – 90 Central Ave. Stirling NJ 07980**
View Race Course at: www.longhillforce.org/5krace/map.html

Last day to pre-register is September 30 - \$20 Pre-registration (\$18 for USATF-NJ members)
Only pre-registration entries are guaranteed a FREE T-shirt. Race day registration is \$25.
Timing by Best Racing Systems.
Checks Payable To: FORCE
Mail Entry To: P.O. Box 254 Gillette, NJ 07933

First Name: _____ Last Name: _____
Address: _____ City: _____ State: _____ Zip: _____
Daytime Phone: _____ Date of Birth: _____ Age on race date: _____
Gender: Male Female
2013 USATF-NJ Number: _____ (\$2.00 discount for USATF-NJ runners)
T-Shirt Size (please circle): Adult S M L XL Child L
Email Address: _____

BE PART OF A TEAM!

Run with your family or friends as a TEAM! Select **ONE** of the categories listed below:

PLEASE NOTE: Each team member must submit an individual registration form.

Team Category: Team Name _____ (minimum of 5 runners needed to form a team)

Family Category : Mother/Daughter Mother/Son Father/Daughter Father/Son Spouse/Spouse

Please give runner names _____

“Awards will be given to top 3 Male/Female in five year increments from 10 and under to 80 and over.”

Waiver Must Be Read and Signed Before Mailing:

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release FORCE Tiger Tracks 5K, BEST Racing Systems and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable.

Signature _____ Date _____

Parent's Signature if under 18 _____