

# Enter the Tiger Tracks 5k Race

## to raise money for Long Hill schools!

This Fundraiser benefits Longhill Township schools through enrichment grants, books, technology/training for teachers, after school programs in the arts, math, science and other activities.



### MAIL-IN REGISTRATION FORM

1st Annual F.O.R.C.E.

Tiger Tracks 5K Race For Education

**When:** October 3, 2009 8:30am, check-in time 7:30am

**Where:** Central School --- 90 Central Ave. Stirling NJ 07980

**View Race Course at:**

<http://longhillforce.org/5krace/map.html>

**Pre-registration starts now! Last day to pre-register is September 19.**

**\$20 Pre-registration** - Only pre-registration entries get **FREE T-shirt.**

**Race day registration is \$25.**

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**Checks Payable To: F.O.R.C.E.**

**Mail Entry To: F.O.R.C.E.**

P.O. Box 254

Gillette, New Jersey • 07933

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age on race date: \_\_\_\_\_ (Must be 10 years or older)

Gender:  Male  Female

T-Shirt Size (please circle): Adult S M L XL Child L

Email Address: \_\_\_\_\_

**Waiver Must Be Read and Signed Before Mailing:**

I know that running is a potentially hazardous activity. I should not enter or run this event unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race including, but not limited to, falls, contact with other participants, the effects of weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application, I, for myself and anyone entitled to act on my behalf, waive and release FORCE Tiger Tracks 5K, BEST Racing Systems and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. All fees are nonrefundable. No dog runners or jogging strollers.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature if under 18 \_\_\_\_\_