

LOCATION

Ferry Parking Field, Liberty State Park, Jersey City, NJ

SCHEDULE OF EVENTS

Registration	7:45 am
5K Run	9:30 am
3K Walk	9:40 am
e ₂ Kids Sprints	10:15 am (Ages 2-11) (25-150 yards)
Awards Ceremony	10:30 am
essential ₂ life Fair	8:30 am to Noon

REGISTRATION

By mail or online at www.active.com

ENTRY FEES Do not mail registration after 4/20/2013

5K Run or 3K Walk	\$23 (by 4/20)
	\$20 USATF (by 4/20)
5K Run or 3K Walk	\$25 (after 4/20 and on race day)
e ₂ Kids Sprints	\$5

COURSE

Flat/fast on paved and hard packed gravel paths and Liberty Walk. Terrific Statue and NYC views. Mile clocks and water stops.

AWARDS

1st, 2nd, 3rd Overall (M & F) and 5-year age groups
14 & under to 85 & over. Team Awards.

SPECIAL TEAM AWARDS

908.902.8587 · mzrace@oymp.net for details.

AMENITIES

essential₂life T-shirt, DJ, Super Band, Random Prizes,
Refreshments, Kids' Activities

SCORING

ChronoTrack B-Tag · www.bestrace.com

INFORMATION

908.902.8587 · www.OYMP.net · mzrace@OYMP.net



NO BABY JOGGERS IN 5K

essential₂ and e₂ are registered service marks of the American Chemistry Council, Inc.

7th Annual

essential₂life 5K

Saturday, April 27, 2013
Ferry Parking Field
Liberty State Park
Jersey City, NJ

Presented by

Regional member companies
of the American Chemistry
Council and Chemistry
Council of
New Jersey



Primary Beneficiary



ENTRY FORM (One Form Per Entrant)

last name first name

street phone

city state zip

gender (m/f) age on race day DOB

2013 USATF-NJ # email

Waiver Release: In consideration of this entry being accepted, I hereby waive and release any claims against the American Chemistry Council, the Chemistry Council of New Jersey, The State of New Jersey- Liberty State Park, the New Jersey Chemistry Council Education Foundation, OYMP, American Red Cross, their member companies, staffs, officers, directors, volunteers, sponsors, successors or assigns for injuries that I may suffer in this event. And I grant the right to use my likeness in any photographic record of the essential₂life 5K. I further attest that I am medically and physically able to participate in said event.

signature date

signature of parent/guardian if under 18 date



Please make checks payable to:
American Red Cross
Mail Entry Fees and/or Pledges to:
Will to Win, 2411 Route 563
EHC, NJ 08215

PLEASE CHECK

5K Run 3K Walk e₂ Kids Sprints

ENTRY FEES Do not mail registration after 4/20/2013

5K Run or 3K Walk	\$23 (by 4/20)
5K Run or 3K Walk	\$20 USATF (by 4/20)
5K Run or 3K Walk	\$25 (after 4/20 and on race day)
e ₂ Kids Sprints	\$5

Team Name (Call for Team Application)

Team Registration Deadline - April 11, 2013

Please accept my donation to the New Jersey Chemistry
Council Education Foundation for \$ _____

Adult T-shirt Size: S M L XL
Youth T-shirt Size S M L