

LOCATION

CRRNJ Terminal, Liberty State Park, Jersey City, NJ

SCHEDULE OF EVENTS

Registration	7:45 am
5K Run	9:30 am
3K Walk	9:30 am
e ₂ Kids Sprints	10:15 am (Ages 2-11) (25-150 yards)
Awards Ceremony	10:30 am
essential ₂ life Fair	8:30 am to Noon

REGISTRATION

By mail or online at www.active.com or
www.RaceForum.com/Essential

ENTRY FEES Do not mail registration after April 2, 2011

5K Run or 3K Walk	\$23 (Postmarked by April 2)
	\$20 USATF (Postmarked by April 2)
5K Run or 3K Walk	\$25 after April 2
e ₂ Kids Sprints	\$5

COURSE

Flat and fast on Liberty Walk. Views of Statue of Liberty and NYC Skyline. Mile clocks and water stops.

AWARDS

1st, 2nd, 3rd Overall (M & F) and 5-year age groups
14 & under to 85 & over. Team Awards.

SPECIAL TEAM AWARDS

908.902.8587 · mzrace@oymp.net for details.

AMENITIES

essential₂life T-shirt, DJ, Super Band, Random Prizes, Super Refreshments, Kids' Activities

SCORING

ChronoTrack B-Tag · www.bestrace.com

INFORMATION

908.902.8587 · www.OYMP.net · mzrace@OYMP.net

NO BABY JOGGERS IN 5K

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5th Annual

essential₂life 5K

Saturday, April 9, 2011
CRRNJ Terminal
Liberty State Park
Jersey City, NJ

Presented by

Regional member
companies of the American
Chemistry Council and
Chemistry Council of
New Jersey

To Benefit



International Year of
CHEMISTRY
2011



Rain or Shine

ENTRY FORM (One Form Per Entrant)

_____		_____	
last name	first name		
_____		_____	
street	city		
_____		_____	
state	zip	phone	
_____		_____	
gender (m/f)	age on race day	DOB	
_____		_____	
email	2011 USATF#		

Waiver Release: In consideration of this entry being accepted, I hereby waive and release any claims against the American Chemistry Council, the Chemistry Council of New Jersey, The State of New Jersey- Liberty State Park, the American Red Cross, OYMP, their member companies, staffs, officers, directors, volunteers, sponsors, successors or assigns for injuries that I may suffer in this event. And I grant the right to use my likeness in any photographic record of the essential₂life 5K. I further attest that I am medically and physically able to participate in said event.

_____ date

signature (parent or guardian if under 18)

essential₂life 5K

Please make checks payable to:
American Red Cross
Mail Entry Fees and/or Pledges to:
Will to Win, 2411 Route 563
EHC, NJ 08215

PLEASE CHECK

- 5K Run 3K Walk e₂ Kids Sprints

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Team Name (Call for Team Application)

Team Registration Deadline - March 27, 2011

Please accept my donation to the
American Red Cross for \$ _____

Adult T-shirt Size: S M L XL
Youth T-shirt Size S M L

Direct Link to Online Registration www.RaceForum.com/Essential

