

# HAWORTH

5K run  
5K walk



## SATURDAY, SEPTEMBER 28, 2013

Presented by the Haworth Road Runners Association, Inc.

### USATF-NJ CERTIFIED & SANCTIONED

#### Check-in Location

- 142 Terrace Avenue  
Haworth, NJ 07641
- Rain or Shine

#### Schedule

- 8:00 am - Check-in Begins
- 8:45 am - Fun Run
- 9:30 am - 5K Run/Walk Begins
- 10:30 am - Awards

#### Awards

- Top Three Male and Female Finishers Overall
- Five Year Age Groups - 1st Three Finishers;  
9 & Under to 80 & Over
- Top Five Male and Female Haworth Finishers

#### Course

- USATF Certified & Sanctioned
- Timing & Scoring by Best Racing Systems
- Mile split times
- Multiple water stops

#### Amenities

- Race T-shirt and Race Packet to first 500  
Pre-Registrants and while supplies last
- Post Race Refreshments

#### Additional Information

- Email [info@haworth5k.org](mailto:info@haworth5k.org)
- [www.haworth5k.org](http://www.haworth5k.org) for registration
- Call Heather Pavell at 201-314-8656

## ONLINE REGISTRATION: [WWW.HAWORTH5K.ORG](http://WWW.HAWORTH5K.ORG)

LAST NAME _____	FIRST NAME _____	Fees	T-Shirt Size
STREET _____		• \$20 by 9.21.2013	Small Medium
CITY _____	STATE, ZIP _____	• \$17 USATF-NJ Member by 9.21.13	Large X-Large
PHONE _____	EMAIL: _____	• USATF-NJ # _____	
SEX: M F	AGE ON RACE DAY _____	• \$25 9.22 to 9.27	
DOB _____		• \$28 Race day	
<p>IN CONSIDERATION OF THIS ENTRY BEING ACCEPTED, I HEREBY FOR HEIRS, EXECUTORS, ADMINISTRATORS AND MYSELF, WAIVE ANY CLAIM THAT I MAY HAVE AGAINST THE BOROUGH OF HAWORTH, THE HAWORTH ROAD RUNNERS ASSOCIATION, THE HAWORTH VOLUNTEER AMBULANCE CORPS, THE HAWORTH POLICE DEPARTMENT, OR THEIR REPRESENTATIVES, SUCCESSORS OR ASSIGNEES FOR ANY INJURIES THAT MAY BE SUFFERED BY ME IN THIS EVENT. I CERTIFY THAT I AM IN PHYSICAL CONDITION FOR THIS EVENT. I GIVE MY FULL PERMISSION TO THE HRRRA TO USE ANY PHOTOGRAPHS, VIDEOTAPES OR OTHER RECORDINGS OF ME THAT ARE MADE DURING THE COURSE OF THIS EVENT IN ANY NEWS MEDIA.</p>			
SIGNATURE (PARENT OR GUARDIAN) _____		DATE _____	