

H.I.P.H.O.P. Presents the 19th Annual 5K Fun Run/Walk

Date: Saturday, April 6, 2019

Start Time: 9:00 am

Registration: 8:00 am

Where: Johnson Park, Piscataway, NJ

Rain or Shine, No Rescheduling Date

Entry fees:

- \$20.00 if registering before March 22, 2019
- \$25.00 if registering after March 22, 2019
- Team Rate: \$15.00 per person for teams of 6 or more (no teams after March 22, 2019)

Starting Point:: Off River Road—park entrance is Violet Drive.

Parking is on your right of park entrance. The start line is by kiosk/restrooms.

For more information: Call: H.I.P.H.O.P. Office (732) 235-4198; Email: no81@rwjms.rutgers.edu or susan.giordano@rwjms.rutgers.edu
Download the registration form at <http://rwjms3.rwjms.rutgers.edu/hiphop>
Online Registration: <https://runsignup.com/Race/NJ/Piscataway/HIPHOP5K>



Organized by:

Rutgers Robert Wood Johnson Medical School Homeless and Indigent Population Health Outreach Project (H.I.P.H.O.P.)

All proceeds from this fundraiser will be donated to HIPHOP programs; Promise Clinic, Community Health Initiative and Local Interdisciplinary Care Collaborative and community sites, outreach initiatives and events committed to caring for the needs of the homeless and underserved.

First 100 run/walk registrants will receive a T-shirt

WAIVER: I, the undersigned, know that running is a potentially hazardous activity. I should not enter unless I am medically able. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running in this event, including but not limited to falls, contact with other runners, the effects of the weather, including high heat and humidity, traffic and the conditions of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of my entry, I for myself and anyone entitled to act on my behalf, waive and release Rutgers, the township of Piscataway, and all of their liabilities of any kind arising out of my participation in this event even though liability may arise out of negligence or carelessness arising on the part of the persons named in this waiver.

Name _____ Phone _____

Address _____ City, State, Zip _____

Age on race day _____ Gender: M / F T-shirt Size (circle one) _____
Where did you hear about this event? _____

Small Medium Large X-Large

Email _____

Team Name _____

Please check here if you would like to be omitted from running.com email updates.

Signature of participant _____ Date _____

Mail form and entry fee:

Rutgers Robert Wood Johnson Medical School

Attn: Susan Giordano/Office of Community Health/HIPHOP

675 Hoes Lane, Rooms N115 & N-116, Piscataway, NJ 08854

Make checks payable: Rutgers University Foundation-HIPHOP 5K

Signature of parent / guardian (if under 18 years of age) _____ Date _____