

4th Annual



4 MILE RUN · 1.5 MILE TRAIL WALK · KIDS' DASHES

Saturday, September 12, 2015
9 am Start
Garret Mountain Reservation
Woodland Park, NJ

LOCATION

Garret Mountain Reservation
Woodland Park, NJ

MAPQUEST ADDRESS

1 Park Rd.
Woodland Park, NJ

SCHEDULE

7:45 am Registration
9:00 am 4 Mile Run
9:10 am 1.5 Mile Trail Walk
10:15 am Kids' Dashes

REGISTRATION

By mail or online at raceforum.com/garret

ENTRY FEES (Must be postmarked by 9-4)

4 Miler or Walk By 9-7 \$23
2015 USATF Members \$20
After 9-7 & on race day \$25
Kids' Dashes (ages 2-11) \$8

COURSE

Beautifully scenic USATF certified, 4 Mile double loop course. Hilly and flat on paved park roads. Mile Clocks. Water stops.

AWARDS (Male and Female)

1, 2, 3 Overall and Age Groups
14 & Under to 85 & Over (5 Years)

No duplicate awards

Kids' Dashes - Finisher ribbons



www.OYMP.net

SCORING

ChronoTrack B-Tag Scoring by besttrace.com

INFORMATION

oymp.net · 908.902.8587 · mzrace@oymp.net

AMENITIES

The 4 Miler at Garret Mountain Technical Tee Shirt to all pre-registrants and to post registrants while supplies last. Refreshments, DJ, random prizes and kids' activities.

Presented by



ACCOUNTING / TAX / ADVISORY

To Benefit



Rain or Shine

ONE ENTRY FORM PER APPLICANT · OK TO PHOTO COPY

Checks payable to: SaxBST Foundation Mail to: Will to Win · 2411 Route 563 · EHC, NJ 08215

last name _____ first name _____
street _____
city _____ state _____ zip _____
gender (M or F) _____ 2015 USATF-NJ # _____
age on race day _____ date of birth _____
phone _____ email _____

Entry Fees (please check)

4 Mile Run Trail Walk Kids' Dashes

4 Mile Run or Trail Walk

By 9-7 \$23
 2015 USATF Members \$20
 After 9-7 & on race day \$25

Kids' Dashes

(ages 2-11) \$8

Adult Tee Shirt Size S M L XL

Kids Tee Shirt Size S M L

For "Kids' Dashes" only

Waiver Release: In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against SaxBST, SaxBST Foundation, Passaic County Parks - Garret Mountain, OYMP and any and all parties, groups, organizations, volunteers, sponsors and (or) any representatives involved in The 4 Miler at Garret Mountain for injuries that may be suffered by me in this event. Further, I state that I am physically able to participate in this event and give my permission to use my photographic likeness for event publicity.

signature (of parent if under 18)

date



Direct Link to Online Registration
www.RaceForum.com/Garret

