

AMBS REINDEER RUN

12TH ANNUAL 5K RUN & 1 MILE FUN RUN SATURDAY, DECEMBER 7, 2013

Franklin Lakes, NJ



Registration/Pick-Up: Friday 12/6 - 5:30-7 p.m. Saturday 12/7 - 8:00 a.m.

Event Day Schedule: 5K Run - 9:30 a.m. 1M Fun Run - 10:30 a.m. Awards - 10:45 a.m.

Entry Fees: 5K pre-entry - \$25 5K pre Usatf-NJ - \$22 5K (12/6 or 7) - \$30 1M Fun Run - \$10 Online registration closes on 12/5.

*5K Timing/Scoring with B-Tags *Results at www.BestRace.com

Mail entries accepted through 12/3.

Holiday DJ Entertainment
Festive Post-Race Refreshments
Indoor Registration & Restrooms
Custom Shirts with Entry
Random Prize Drawings

Visit us at: www.AMBS5K.com

Information: Sports A/R: 908-245-3000 tears@practicehard.com





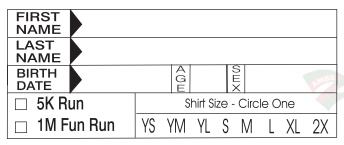
Reindeer Run 2013

*Top 3 overall (m/f) and in 5 year age groups (10 & under through 85+) *USATF certified flat & rolling 5K in residential, scenic Franklin Lakes.

Directions (GPS address): 785 Franklin Lake Rd. Franklin Lakes, NJ



2013 AMBS Reindeer Run



Shirts guaranteed to pre-registrants; as available to event day registrants.

Checks to: AMBS-HAP Reindeer Run P.O. Box 434, Franklin Lakes, NJ 07417

STREET		
CITY		
STATE		ZIP
PHONE		
E-MAIL		
2013-USATF-NJ#		

Are you a returning runner? Yes No

In consideration of this entry being accepted, I hereby for myself, heirs, executors and administrators waive and release any claims I may have against AMBS, AMBS-HAP, Sports Action Reaction LLC, the Borough of Franklin Lakes, and any and all parties, groups, organizations, volunteers, sponsors, and/or any representatives involved in the AMBS Reindeer Run events for any and all injuries which I may suffer as a result of my participation in this event. I certify that I am physically able to participate in this event. I agree to abide by and cooperate with the race officials' instructions and decisions. I understand safety is the top priority of this event; dogs, other pets, in-line skates, skateboards, bicycles, and similar devices are not allowed on the course; and my entry fee is non-refundable for any/all reasons including unavoidable event cancellation/rescheduling. By providing my email address, I hereby authorize AMBS-HAP and/or Sports A/R, to send me emails regarding this or similar events. I grant full permission to use any photo, video, recording or other record of my attendance at this event for legitimate purposes without compensation or remuneration.